

Pos	Bib	Name	M/F	AG	Club	Chip	Time
1.	200	Daniel Maskew	M (1st)	M35 (1st)	Wolves & Bilston AC (1st)	29:09	29:10
2.	333	Robert Weston	M (2nd)	MSen (1st)	Shrewsbury AC (1st)	29:40	29:41
3.	127	Tomos Hales	M (3rd)	MSen (2nd)	Telford AC (1st)	29:56	29:57
4.	105	Bruce Fanshawe	M (4th)	MSen (3rd)	Mercia Fell Runners (1st)	30:39	30:40
5.	331	Jack Agnw	M (5th)	MSen (4th)	Telford AC (2nd)	30:47	30:48
6.	15	Harry Bane	M (6th)	M20 (1st)	Mercia Fell Runners (2nd)	30:53	30:54
7.	24	Hartshorne Ben	M (7th)	MSen (5th)	()	31:02	31:03
8.	50	Matthew Brown	M (8th)	MSen (6th)	Shropshire Shufflers (1st)	31:04	31:05
9.	209	Alex Millington	M (9th)	MSen (7th)	Newport & District RC (1st)	31:13	31:15
10.	214	Gabe Morris	M (10th)	M40 (1st)	Shrewsbury AC (2nd)	31:15	31:18
11.	370	Stuart Smith	M (11th)	M40 (2nd)	Mercia Fell Runners (3rd)	31:18	31:19
12.	330	Matthew Thevathasan	M (12th)	MSen (8th)	Shrewsbury AC (3rd)	31:25	31:27
13.	183	Charlie Lewis	M (13th)	MSen (9th)	Shrewsbury AC (4th)	31:50	31:50
14.	372	Kristan McKenna	M (14th)	M45 (1st)	AAE (1st)	32:06	32:08
15.	58	Peter Butler	M (15th)	M35 (2nd)	Oswestry Olympians (1st)	32:32	32:33
16.	173	Sam Jones	M (16th)	MSen (10th)	()	32:33	32:34
17.	241	Michael Rhead	M (17th)	M40 (3rd)	Shrewsbury AC (5th)	32:49	32:50
18.	318	Harry Woodhouse	M (18th)	MSen (11th)	Shrewsbury AC (6th)	33:06	33:07
19.	142	Martyn Helliker	M (19th)	M40 (4th)	()	33:19	33:21
20.	179	Tim Kieniewicz	M (20th)	M40 (5th)	()	33:22	33:24
21.	281	Dean Thomas	M (21st)	M40 (6th)	Maldwyn Harriers (1st)	33:28	33:30
22.	233	Andrew Price	M (22nd)	M35 (3rd)	Shrewsbury AC (7th)	33:45	33:46
23.	119	Billy Goodall	M (23rd)	MSen (12th)	Shrewsbury AC (8th)	33:58	33:59
24.	276	Tim Tansley	M (24th)	M50 (1st)	Oswestry Olympians (2nd)	34:03	34:05
25.	199	David Marston-Jones	M (25th)	M45 (2nd)	SY Tri (1st)	34:11	34:13
26.	298	Hayley Wells	F (1st)	FSen (1st)	Mercia Fell Runners (4th)	34:15	34:16
27.	344	Joe Davies	M (26th)	M35 (4th)	Shrewsbury AC (9th)	34:27	34:30
28.	68	Karl Clack	M (27th)	M45 (3rd)	Shropshire Shufflers (2nd)	34:29	34:32
29.	28	Josh Biggs	M (28th)	MSen (13th)	()	34:43	34:46
30.	360	Rich Breakwell	M (29th)	M35 (5th)	Shrewsbury AC (10th)	34:51	34:53
31.	197	Adrian Marsh	M (30th)	M45 (4th)	()	34:55	34:57
32.	325	Tom Millington	M (31st)	M60 (1st)	()	34:57	35:00
33.	225	Sam Owen	M (32nd)	M35 (6th)	()	35:03	35:07
34.	335	Thomas Cambidge	M (33rd)	MSen (14th)	()	35:12	35:16
35.	161	Ewan James	M (34th)	MSen (15th)	Oswestry Olympians (3rd)	35:25	35:27
36.	282	Hannah Thomas	F (2nd)	F40 (1st)	Maldwyn Harriers (2nd)	35:48	35:51
37.	309	Chris Williams	M (35th)	M40 (7th)	Shrewsbury AC (11th)	36:01	36:03
38.	19	Virgil Barton	M (36th)	M50 (2nd)	Oswestry Olympians (4th)	36:08	36:10
39.	153	Calum Hopkins	M (37th)	MSen (16th)	Telford Harriers (1st)	36:08	36:11
40.	265	Joe Southall	M (38th)	MSen (17th)	Mercia Fell Runners (5th)	36:11	36:13
41.	280	Daniel Thomas	M (39th)	MSen (18th)	Maldwyn Harriers (3rd)	36:26	36:29
42.	357	Erick Rowsell	M (40th)	M35 (7th)	()	36:29	36:31
		Hayda Janea	M (41st)	M60 (2nd)	Shrewsbury AC (12th)	36:39	36:41
43.	169	Haydn Jones	( 1 100)	· /			
43. 44.	169 365	Buffy Boroughs	F (3rd)	FSen (2nd)	SY Tri (2nd)	36:38	36:49



Pos	Bib	Name	M/F	AG	Club	Chip	Time
46.	27	Kelvin Bierton	M (43rd)	M50 (4th)	Telford AC (3rd)	36:53	36:56
47.	90	Alan Dean	M (44th)	M50 (5th)	Shropshire Shufflers (3rd)	37:09	37:10
48.	307	Sally Willdig	F (4th)	F35 (1st)	()	37:09	37:11
49.	254	Emily Sanders	F (5th)	F35 (2nd)	()	37:14	37:17
50.	326	Kelsham Hanna	M (45th)	M55 (1st)	Builth and District (1st)	37:27	37:30
51.	369	Daniel Kershaw	M (46th)	MSen (19th)	London Front Runners (1st)	37:30	37:41
52.	275	Jon Tanner	M (47th)	M50 (6th)	Shropshire Shufflers (4th)	37:44	37:48
53.	356	Pete Jervis	M (48th)	M35 (8th)	Maldwyn Harriers (4th)	37:52	37:58
54.	321	Calvin Wright	M (49th)	M55 (2nd)	Shropshire Shufflers (5th)	37:58	38:01
55.	95	Joe Dunn	M (50th)	M35 (9th)	()	38:08	38:11
56.	216	Tim Morris	M (51st)	M50 (7th)	()	38:10	38:12
57.	284	Norman Titley	M (52nd)	M60 (3rd)	Shropshire Shufflers (6th)	38:09	38:13
<b>58</b> .	69	Will Clark	M (53rd)	MSen (20th)	()	38:12	38:14
59.	92	Mark Donaldson	M (54th)	MSen (21st)	Shropshire Shufflers (7th)	38:13	38:17
60.	3	Mark Agnew	M (55th)	M55 (3rd)	Mercia Fell Runners (6th)	38:16	38:18
61.	8	Richard Anthony	M (56th)	M35 (10th)	()	38:17	38:20
62.	41	Mark Bramall	M (57th)	M45 (5th)	Shropshire Shufflers (8th)	38:19	38:23
63.	263	Trish Smith	F (6th)	F45 (1st)	Calder valley (1st)	38:21	38:24
64.	22	Mike Bebb	M (58th)	M35 (11th)	()	38:33	38:35
65.	116	Mel Funnell	F (7th)	F45 (2nd)	Shropshire Shufflers (9th)	38:38	38:41
66.	64	Graham Chidley	M (59th)	M55 (4th)	Mercia Fell Runners (7th)	38:54	38:57
67.	76	Kai Coleman	M (60th)	M60 (4th)	Shropshire Shufflers (10th)	38:54	38:57
68.	39	Ryan Bradburn	M (61st)	MSen (22nd)	()	39:01	39:07
69.	181	Matthew Lee	M (62nd)	M45 (6th)	Mercia Fell Runners (8th)	39:06	39:10
70.	62	Gary Cartwright	M (63rd)	M50 (8th)	()	39:08	39:12
71.	132	Martin Hargreaves	M (64th)	M60 (5th)	Shrewsbury AC (13th)	39:24	39:26
72.	104	Stephen Eyre	M (65th)	M45 (7th)	()	39:32	39:36
73.	354	James Prestwich	M (66th)	M40 (8th)	Ampthill & Flitwick Flyers (1st)	39:34	39:36
74. 75.	109	Sherry Flanagan	F (8th)	F40 (2nd)	()	39:37	39:42 39:43
76.	106 268	Craig Farr Helen Stokes	M (67th) F (9th)	M40 (9th) F40 (3rd)	() Shrewsbury AC (14th)	39:39 39:54	39:56
77.	123	Robert Griffiths	M (68th)	MSen (23rd)	O (14til)	39:48	39:57
78.	311	Dave Williams	M (69th)	M45 (8th)	()	40:01	40:06
79.	83	Paul Cronin	M (70th)	M65 (1st)	Shropshire Shufflers (11th)	40:04	40:10
80.	175	Matthew Jordison	M (71st)	MSen (24th)	()	40:09	40:17
81.	60	Paul Cadman	M (713t)  M (72nd)	M60 (6th)	Mercia Fell Runners (9th)	40:19	40:23
82.	355	Huw Dolphin	M (72nd)  M (73rd)	M55 (5th)	()	40:15	40:26
83.	221	Chris Myles	M (74th)	M60 (7th)	Mercia Fell Runners (10th)	40:23	40:26
84.	189	Vlad Macarie	M (75th)	MSen (25th)	()	40:13	40:28
85.	80	Jamie Cowdrill	M (76th)	M35 (12th)	Telford Harriers (2nd)	40:25	40:29
86.	262	Roger Smith	M (77th)	M55 (6th)	Shawbury Joggers (1st)	40:23	40:31
87.	93	Nigel Dooley	M (78th)	M55 (7th)	()	40:36	40:42
88.	328	Lee Jones	M (79th)	M50 (9th)	Shropshire Shufflers (12th)	40:39	40:45
89.	362	Alex Williams	M (80th)	M35 (13th)	Shrewsbury AC (15th)	40:47	40:54
90.	363	Bethan Pickering	F (10th)	FSen (3rd)	Shropshire Shufflers (13th)	40:40	40:54
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Pos	Bib	Name		AG	Club	Chip	
91.	147	Jason Hewitt	M (81st)	M50 (10th)	()	40:50	40:55
92. 93.	322	Andy Wynne	M (82nd)	M35 (14th)	()	40:50	40:56
94.	243 40	Jonathan Richardson	M (83rd)	M40 (10th)	() Maldwyn Harriers (5th)	41:01	41:15
95.	258	Catherine Bradley  Ljubownikow Sergej	F (11th) M (84th)	F40 (4th) M45 (9th)	0	41:12	41:16
96.	57	Charlotte Butler	F (12th)	F35 (3rd)	()	41:18	41:20
97.	102	Gill Evans	F (13th)	F60 (1st)	Shrewsbury AC (16th)	41:15	41:24
98.	138	Daniel Hazell	M (85th)	M35 (15th)	O (10til)	41:18	41:26
99.	122	Ian Gregory	M (86th)	M60 (8th)	()	41:27	41:28
100.	174	Tim Jones	M (87th)	M55 (8th)	Shropshire Shufflers (14th)	41:26	41:29
101.	17	Dave Barnett	M (88th)	MSen (26th)	()	41:29	41:35
102.	218	Harri Mottram	F (14th)	F35 (4th)	()	41:33	41:37
103.	323	Joshua Yaxley	M (89th)	M35 (16th)	()	41:40	41:44
104.	59	Sean Caddick	M (90th)	M55 (9th)	Shrewsbury Renegades (1st)	41:43	41:48
105.	279	Ian Teague	M (91st)	M50 (11th)	Shropshire Shufflers (15th)	41:48	41:56
106.	82	Thomas Crone	M (92nd)	MSen (27th)	()	41:59	42:05
107.	210	Paul Milne	M (93rd)	M45 (10th)	()	41:54	42:08
108.	278	Lucas Taylor	M (94th)	MSen (28th)	()	42:04	42:09
109.	261	Seth Smiley	M (95th)	M55 (10th)	()	42:04	42:11
110.	352	Daniel Morris	M (96th)	MSen (29th)	Bridgnorth Running Club (1st)	42:09	42:14
111.	270	Tulloch Stuart	M (97th)	M55 (11th)	()	42:17	42:24
112.	313	Emma Willilams	F (15th)	F55 (1st)	Dolly Mixtures (1st)	42:26	42:29
113.	201	Jamie Mayers	M (98th)	M50 (12th)	Maldwyn Harriers (6th)	42:26	42:32
114.	129	Jim Hanmer	M (99th)	M45 (11th)	()	42:28	42:33
115.	66	Rowan Chilles	M (100th)	MSen (30th)	()	42:22	42:34
116.	235	Luke Price	M (101st)	M45 (12th)	Shrewsbury Renegades (2nd)	42:27	42:34
117.	267	Matthew Stephens	M (102nd)	M55 (12th)	Shropshire Shufflers (16th)	42:29	42:35
118.	168	Daniel Jones	M (103rd)	M35 (17th)	()	42:35	42:38
119.	271	James Sumnall	M (104th)	M45 (13th)	Telford Harriers (3rd)	42:37	42:41
120.	154	Jason Howes	M (105th)	M35 (18th)	Shrewsbury AC (17th)	42:45	42:48
121.	359	Jess Gunner	F (16th)	FSen (4th)	Shrewsbury AC (18th)	42:47	42:50
122.	297	Colin Wells	M (106th)	M65 (2nd)	Mercia Fell Runners (11th)	42:50	42:52
123.	205	Robert McNally	M (107th)	M55 (13th)	()	42:48	42:53
124.	314	Alastair Windsor	M (108th)	M60 (9th)	()	42:47	42:54
125.	351	Dave Burrows	M (109th)	M50 (13th)	()	43:00	43:03
126.	204	Tobias Mclurg	M (110th)	MSen (31st)	()	42:57	43:05
127.	31	Steve Bishop	M (111th)	M55 (14th)	Pontesbury runners (1st)	43:08	43:12
128.	178	Emma Kershaw	F (17th)	FSen (5th)	()	43:05	43:14
129.	20	Michael Bastow	M (112th)	M55 (15th)	()	43:10	43:17
130.	190	James Mackinnon	M (113th)	M50 (14th)	()	43:24	43:27
131.	186	Philip Link	M (114th)	M50 (15th)	Newport & District RC (2nd)	43:31	43:35
132.	152	Charlie Holland	M (115th)	M70 (1st)	()	43:38	43:47
133.	304	Jimmy Wilde	M (116th)	M55 (16th)	()	43:45	43:50
134.	103	Liz Everall	F (18th)	F45 (3rd)	()	43:41	43:57
135.	98	Gary Edwards	M (117th)	M55 (17th)	()	43:54	43:59
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Pos	Bib	Name	M/F	AG	Club	Chip	Time
136.	285	Charlotte Todd-Smith	F (19th)	F45 (4th)	Telford Harriers (4th)	43:54	43:59
137.	240	Marc Recoquille	M (118th)	M50 (16th)	()	43:55	44:02
138.	206	Richard McVey	M (119th)	M55 (18th)	()	44:01	44:05
139.	341	Anna Bartlett	F (20th)	F55 (2nd)	()	44:03	44:14
140.	172	Paul Jones	M (120th)	M45 (14th)	Gog Triathlon (1st)	44:19	44:24
141.	136	Jonathan Haycox	M (121st)	M40 (11th)	Shrewsbury Renegades (3rd)	44:15	44:25
142.	346	Kirsten Howes	F (21st)	F35 (5th)	()	44:28	44:33
143.	38	Gill Bowden	F (22nd)	F65 (1st)	Maldwyn Harriers (7th)	44:35	44:40
144.	182	Martin Leventon	M (122nd)	M40 (12th)	Shrewsbury Renegades (4th)	44:39	44:45
145.	37	Marie Bourne	F (23rd)	F45 (5th)	()	44:43	44:47
146.	33	Joe Blackwell	M (123rd)	MSen (32nd)	Deestriders RC (1st)	44:37	44:49
147.	185	Paul Lewtey	M (124th)	M45 (15th)	Deestriders RC (2nd)	44:39	44:50
148.	366	Martin Witty	M (125th)	M55 (19th)	Deestriders RC (3rd)	44:55	45:08
149.	30	Jess Bishop	F (24th)	FSen (6th)	()	45:13	45:17
150.	269	Paul Stone	M (126th)	M70 (2nd)	Shropshire Shufflers (17th)	45:15	45:19
151.	248	Julia Rogers	F (25th)	F40 (5th)	()	45:13	45:27
152.	56	David Butcher	M (127th)	M35 (19th)	()	45:18	45:28
153.	301	Thomas Whiting	M (128th)	MSen (33rd)	()	45:55	46:05
154.	312	Kelly Williams	F (26th)	F40 (6th)	Shrewsbury AC (19th)	46:09	46:14
155.	329	Andy Moffat	M (129th)	M60 (10th)	Shropshire Shufflers (18th)	46:08	46:16
156.	70	Andy Clarke	M (130th)	M65 (3rd)	Oswestry Olympians (5th)	46:11	46:16
157.	72	Daisy Clarke	F (27th)	FSen (7th)	Oswestry Olympians (6th)	46:12	46:16
158.	139	Nick Hazell	M (131st)	M55 (20th)	Market Drayton RC (1st)	46:05	46:20
159.	36	Ben Bloor	M (132nd)	M35 (20th)	Runningmonk (1st)	46:15	46:23
160.	350	Paul Speight	M (133rd)	M55 (21st)	Shawbury Joggers (2nd)	46:10	46:25
161.	108	Emily Flack	F (28th)	FSen (8th)	Mercia Fell Runners (12th)	46:18	46:27
162.	367	Paul Baskeyfield	M (134th)	M65 (4th)	Ludlow Runners (1st)	46:15	46:29
163.	191	Will Maddocks	M (135th)	M35 (21st)	()	46:21	46:30
164.	274	Adrian Talbot	M (136th)	M55 (22nd)	Wrekin Road Runners (1st)	46:21	46:32
165.	1	Hannah Adney	F (29th)	F35 (6th)	()	46:22	46:33
166.	295	Naomi Watson	F (30th)	F40 (7th)	Mercia Fell Runners (13th)	46:26	46:33
167.	202	Lucy Mayers	F (31st)	F35 (7th)	()	46:29	46:37
168.	245	David Roberts	M (137th)	M60 (11th)	Whitchurch Whippets (1st)	46:35	46:39
169.	167	Andrew Jones	M (138th)	M45 (16th)	()	46:36	46:43
170.	238	Eleanor Rayner	F (32nd)	FSen (9th)	Shrewsbury AC (20th)	46:38	46:47
171.	73	Jon Clarke	M (139th)	M50 (17th)	()	46:43	46:48
172.	308	Andrew Williams	M (140th)	M50 (18th)	()	46:42	46:58
173.	144	Hope Henderson	F (33rd)	FSen (10th)	()	46:43	46:58
174.	300	Chris Whiteley	M (141st)	M40 (13th)	Shropshire Shufflers (19th)	46:58	46:58
175.	52	Stuart Brown	M (142nd)	M40 (14th)	Deestriders RC (4th)	46:51	47:03
176.	239	Steve Rayner	M (143rd)	M65 (5th)	()	46:55	47:05
177.	11	Stephen Atherton	M (144th)	M65 (6th)	Ambelside A.C (1st)	47:08	47:14
178.	117	John Garrett	M (145th)	M55 (23rd)	()	47:10	47:18
179.	89	Josh Davis	M (146th)	MSen (34th)	()	47:09	47:21
180.	286	Jess Turner	F (34th)	F20 (1st)	Shrewsbury AC (21st)	47:13	47:22
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Pos	Bib	Name	M/F	AG	Club	Chip	Time
181.	244	Les Ritchie	M (147th)	M70 (3rd)	Shropshire Shufflers (20th)	47:14	47:25
182.	230	Craig Pascoe	M (148th)	M35 (22nd)	()	47:14	47:26
183.	150	Kester Holdsworth	M (149th)	M45 (17th)	()	47:19	47:28
184.	303	Emma Wilde	F (35th)	F50 (1st)	()	47:24	47:34
185.	273	Delfino Taboada Liljehult	M (150th)	M45 (18th)	()	47:28	47:36
186.	77	Libby Collinson	F (36th)	F70 (1st)	Shropshire Shufflers (21st)	47:36	47:40
187.	78	Ross Cook	M (151st)	M55 (24th)	Fordy Runs (1st)	47:38	47:45
188.	137	Andre Hayeck	M (152nd)	M65 (7th)	Shropshire Shufflers (22nd)	47:50	47:57
189.	91	Michael Delahay	M (153rd)	M50 (19th)	()	47:57	48:08
190.	5	Pru Allison	F (37th)	F35 (8th)	()	48:02	48:08
191.	29	Max Birchwood	M (154th)	M70 (4th)	Shropshire Shufflers (23rd)	48:04	48:12
192.	128	Bonnie Louise Hammonds	F (38th)	FSen (11th)	Shropshire Shufflers (24th)	48:11	48:17
193.	143	Keith Helliwell	M (155th)	M50 (20th)	Builth and District (2nd)	48:13	48:21
194.	338	Jake Williams	M (156th)	MSen (35th)	()	48:14	48:25
195.	113	Carol Fowles	F (39th)	F60 (2nd)	Whitchurch Whippets (2nd)	48:24	48:31
196.	336	Josie Williams	F (40th)	FSen (12th)	()	48:21	48:33
197.	157	Nick Hutton	M (157th)	M45 (19th)	()	48:34	48:39
198.	85	Emily Cross	F (41st)	F40 (8th)	()	48:34	48:44
199.	160	Barry James	M (158th)	M45 (20th)	()	48:40	48:48
200.	332	Alastair Black	M (159th)	M40 (15th)	SYTri (1st)	48:33	48:48
201.	347	Gemma Daly	F (42nd)	F40 (9th)	Shropshire Shufflers (25th)	48:44	48:52
202.	177	Nicola Kelly	F (43rd)	F55 (3rd)	Builth and District (3rd)	48:53	49:00
203.	316	Andrew Wood	M (160th)	M60 (12th)	Shawbury Joggers (3rd)	48:49	49:04
204.	135	Allison Haycox	F (44th)	F50 (2nd)	Wrekin Road Runners (2nd)	48:59	49:10
205.	223	Carrie Owen	F (45th)	F45 (6th)	Shrewsbury Renegades (5th)	49:12	49:17
206.	131	Pamela Hardy	F (46th)	F60 (3rd)	Shawbury Joggers (4th)	49:22	49:27
207.	54	Sally Burgess	F (47th)	F60 (4th)	Shropshire Shufflers (26th)	49:23	49:32
208.	126	Russ Hales	M (161st)	M55 (25th)	()	49:36	49:45
209.	88	Spencer Davies	M (162nd)	M50 (21st)	NORTHBROOK AC (1st)	49:43	49:53
210.	71	Chris Clarke	M (163rd)	M75+ (1st)	Shropshire Shufflers (27th)	49:47	49:56
211.	345	Tanya Cook	F (48th)	F60 (5th)	()	49:55	50:05
212.	361	James Russell	M (164th)	M45 (21st)	()	50:00	50:13
213.	148	Nick Hill	M (165th)	M35 (23rd)	()	50:13	50:26
214.	299	Michelle Wenger	F (49th)	F35 (9th)	()	50:13	50:26
215.	334	Chris Cobbold	M (166th)	M45 (22nd)	()	50:37	50:44
216.	96	Paige Eades	F (50th)	FSen (13th)	Shropshire Shufflers (28th)	51:03	51:15
217.	327	Ian Paget	M (167th)	M55 (26th)	()	51:17	51:23
218.	112	Emily Forbes	F (51st)	F35 (10th)	Shropshire Shufflers (29th)	51:25	51:34
219.	198	Micheal Marsh	M (168th)	M40 (16th)	Shrewsbury Renegades (6th)	51:39	51:46
220.	224	Ellie Owen	F (52nd)	F20 (2nd)	()	51:45	51:57
221.	4	Paul Aird	M (169th)	M65 (8th)	Deestriders RC (5th)	51:46	51:57
222.	226	Sarah Owen	F (53rd)	F35 (11th)	()	51:58	52:02
223.	195	Melanie Mansell	F (54th)	F50 (3rd)	()	51:58	52:02
224.	158	David Ingram	M (170th)	M60 (13th)	Dudley Kingswinford RC (1st)	52:02	52:12
225.	74	Michelle Cliff	F (55th)	FSen (14th)	Shawbury Joggers (5th)	52:07	52:15



Pos	Bib	Name	M/F	AG	Club	Chip	Time
226.	180	Rob Lampitt	M (171st)	M55 (27th)	Wrekin Road Runners (3rd)	52:28	52:36
227.	121	Nichola Green	F (56th)	F45 (7th)	()	52:30	52:38
228.	342	Christopher Hogben	M (172nd)	M35 (24th)	()	52:27	52:39
229.	162	Martin James	M (173rd)	M55 (28th)	()	52:35	52:41
230.	16	Adam Barlow	M (174th)	MSen (36th)	()	52:41	52:41
231.	133	Claire Harper	F (57th)	F45 (8th)	Deestriders RC (6th)	52:31	52:41
232.	51	Sarah Brown	F (58th)	F35 (12th)	Deestriders RC (7th)	52:29	52:42
233.	257	Amanda Scotter	F (59th)	F40 (10th)	Deestriders RC (8th)	52:38	52:48
234.	287	Andrew Wainwright	M (175th)	M45 (23rd)	Deestriders RC (9th)	52:37	52:49
235.	75	Biddy Cole	F (60th)	F60 (6th)	Mercia Fell Runners (14th)	52:43	52:52
236.	283	Victoria Thornton	F (61st)	F35 (13th)	Shropshire Shufflers (30th)	52:48	52:57
237.	310	Clare Williams	F (62nd)	F50 (4th)	Shropshire Shufflers (31st)	52:59	53:10
238.	252	Andrew Rowson	M (176th)	M55 (29th)	Shropshire Shufflers (32nd)	53:05	53:12
239.	171	Mark Price Jones	M (177th)	M55 (30th)	()	53:15	53:23
240.	115	Melanie Freet	F (63rd)	FSen (15th)	()	53:12	53:25
241.	292	lan Watkins	M (178th)	M65 (9th)	Oswestry Olympians (7th)	53:12	53:28
242.	46	Alan Brittle	M (179th)	M65 (10th)	Wrekin Road Runners (4th)	53:23	53:35
243.	306	Lucy Wilkinson	F (64th)	F40 (11th)	()	53:23	53:36
244.	67	Craig Chittem	M (180th)	M40 (17th)	()	53:29	53:38
245.	100	Robert Ellis	M (181st)	M55 (31st)	Shawbury Joggers (6th)	53:34	53:49
246.	340	Naomi Atkin	F (65th)	F40 (12th)	()	53:48	53:53
247.	13	Nick Baker	M (182nd)	M60 (14th)	()	53:48	53:59
248.	176	Adam Keen	M (183rd)	M45 (24th)	()	53:47	53:59
249.	215	Peter Morris	M (184th)	M60 (15th)	()	53:54	54:06
250.	290	Tony Walton	M (185th)	M60 (16th)	()	53:54	54:07
251.	110	Georgina Fletcher	F (66th)	F65 (2nd)	()	54:03	54:13
252.	43	Mark Bratt	M (186th)	M60 (17th)	Shropshire Shufflers (33rd)	54:16	54:31
253.	339	Eddie Williams	M (187th)	M20 (2nd)	()	54:23	54:36
254.	107	Liz Fildes	F (67th)	F60 (7th)	()	54:28	54:38
255.	145	Samantha Heron	F (68th)	F35 (14th)	()	54:26	54:44
256.	125	Wendy Griffiths	F (69th)	F50 (5th)	SY Tri (3rd)	54:34	54:49
257.	348	Richard Preston	M (188th)	M55 (32nd)	()	54:48	54:55
258.	203	Pete McGuinness	M (189th)	M60 (18th)	Shropshire Shufflers (34th)	54:45	54:56
259.	84	Caroline Cross	F (70th)	F40 (13th)	Shropshire Shufflers (35th)	54:45	54:57
260.	166	Jill Johnson	F (71st)	F55 (4th)	()	54:41	54:58
261.	194	Dan Manders	M (190th)	M45 (25th)	()	55:04	55:15
262.	165	Nathan Jex	M (191st)	MSen (37th)	()	55:02	55:15
263.	163	Mark Jenks	M (192nd)	M45 (26th)	()	55:01	55:16
264.	305	Sahrah Wilding	F (72nd)	F55 (5th)	()	55:12	55:25
265.	42	Richard Brassington	M (193rd)	M35 (25th)	()	56:02	56:15
266.	337	Huw Williams	M (194th)	M55 (33rd)	()	56:06	56:19
267.	7	Gail Andrewz	F (73rd)	F70 (2nd)	()	56:09	56:26
268.	49	Nicola Broadhead	F (74th)	F35 (15th)	()	56:09	56:27
269.	317	Kate Woodcock	F (75th)	FSen (16th)	()	56:14	56:27
270.	47	David Broadhead	M (195th)	M40 (18th)	()	56:09	56:28



271.         253         Emily Russell         F (76th)         F45 (9th)         ()         56:22         56:22         56:22         56:22         56:22         56:22         56:22         56:22         56:24         56:27         48         Darren Herries         M (197th)         M45 (27th)         ()         56:28         56:22         56:22         56:27         48         John Broadhead         M (197th)         M45 (27th)         ()         56:43         56:22         277.         48         John Broadhead         M (199th)         M 770 (5th)         Glaxo Hoad Hill Harriers (1st)         57:70.9         57:22         277.         289         Kirsty Walton         F (80th)         F45 (13th)         ()         57:23         57         278.2         289         Kirsty Walton         F (81t)         FSe (17th)         ()         57:23         57         281         279.2         220         Michael Murray         F (81t)         FSe (17th)         ()	Pos	Bib	Name	M/F	AG	Club	Chip	Time
272.         349         Marie Speight         F (77th)         F45 (10th)         Shawbury Joggers (7th)         56.24         56           273.         320         Laura Worrall         F (78th)         F45 (11th)         ()         56.24         56           274.         12         Adrian Aktins         M (198th)         M50 (22nd)         ()         56.28         56           275.         146         Darren Herries         M (197th)         M45 (27th)         ()         56.24         56           276.         388         Mandy Lewis         F (79th)         F45 (12th)         Whitchurch Whitpets (3rd)         52.24         56           277.         48         John Broadhead         M (198th)         M70 (5th)         Glaxo Hoad Hill Harriers (1st)         57.99         57           278.         280         Kirsty Walton         F (81st)         FSen (17th)         ()         57.23         57           279.         220         Michelle Murray         F (81st)         FSen (17th)         ()         57.23         57           281.         114         Gillian Fowles         F (81st)         FSen (17th)         ()         57.23         57           281.         114         Gillian Fowle						Olub		56:35
273.         320         Laura Worrall         F (78th)         F45 (11th)         ()         56:24         56           274.         1         Adrian Akkins         M (196th)         M50 (22nd)         ()         56:28         55           275.         146         Darren Herries         M (197th)         M45 (27th)         ()         56:24         56           276.         368         Mandy Lewis         F (79th)         F45 (12th)         Whitchurch Whippets (3rd)         52:42         56           277.         48         John Broadhead         M (198th)         M70 (5th)         Glaxo Hoad Hill Harriers (1st)         57:09         57:26         57           278.         289         Kirsty Walton         F (80th)         F45 (13th)         ()         57:23         57           280.         259         Rebeca Sharrard         F (87sd)         F55 (6th)         Whitchurch Whippets (4th)         57:31         57           281.         114         Gillian Fowles         F (83rd)         F55 (6th)         Whitchurch Whippets (4th)         57:31         57           282.         130         Andrew Harding         M (199th)         M45 (28th)         Parkun (1st)         57:31         57           2			•	, ,	,	Shawbury Joggers (7th)		56:38
274.         12         Adrian Atkins         M (196th)         M50 (22nd)         ()         56:28         56           275.         146         Darren Herries         M (197th)         M45 (27th)         ()         56:45         56           276.         368         Mandy Lewis         F (79th)         F45 (12th)         Whitchurch Whippets (3rd)         52:42         58           277.         48         John Broadhead         M (198th)         M70 (5th)         Glax Hoad Hill Harriers (1st)         57:09         57           278.         289         Kirsty Walton         F (80th)         F45 (13th)         ()         57:26         57           280.         259         Rebecca Sharrard         F (82nd)         F35 (16th)         ()         57:23         57           281.         114         Gillian Fowles         F (83rd)         F55 (8th)         Whitchurch Whippets (4th)         57:31         57           282.         130         Andrew Harding         M (209th)         M45 (28th)         Parkun (1st)         57:33         57           283.         17         77         77         78         79         Nicola Cooper         F (84th)         F50 (6th)         Lawley running club (1st)         58:11<				, ,	, ,	()		56:38
275.         146         Darren Herries         M (197th)         M45 (27th)         ()         56:45         56           276.         368         Mandy Lewis         F (79th)         F45 (12th)         Whitchurch Whippets (3rd)         52:42         58           277.         48         John Broadhead         M (198th)         M70 (5th)         Glaxo Hoad Hill Harrier (1st)         57:09         57           278.         289         Kirsty Walton         F (80th)         F45 (13th)         ()         57:20         57           279.         220         Michelle Murray         F (81st)         FSen (17th)         ()         57:23         57           281.         114         Gillian Fowles         F (83rd)         F36 (18th)         ()         57:23         57           281.         114         Gillian Fowles         F (83rd)         F55 (6th)         Whitchurch Whippets (4th)         57:36         57           282.         130         Andrew Harding         M (209th)         M45 (28th)         Parkrun (1st)         57:36         57           283.         97         Tony Edge         M (200th)         M55 (34th)         ()         57:36         57           284.         79         Nicol				, ,	, ,	()		56:42
277.         48         John Broadhead         M (198th)         M70 (5th)         Glaxo Hoad Hill Harriers (1st)         57:09         57           278.         289         Kirsty Walton         F (80th)         F45 (13th)         ()         57:28         57           280.         259         Rebecca Sharrard         F (82nd)         F35 (16th)         ()         57:23         57           281.         114         Gillian Fowles         F (83rd)         F55 (6th)         Whitchurch Whippets (4th)         57:31         57           282.         130         Andrew Harding         M (209th)         M55 (34th)         ()         57:53         57           283.         17         Tony Edge         M (200th)         M55 (34th)         ()         67:53         57           284.         79         Nicola Cooper         F (84th)         F50 (6th)         Lawley running club (1st)         58:11         58           285.         36         Sue Cunningham         F (85th)         F60 (6th)         Lawley running club (1st)         58:11         58           286.         55         Richard Burton         M (201st)         M60 (19th)         Shropshire Shufflers (36th)         58:31         58           287.	275.	146	Darren Herries	· · · · · · · · · · · · · · · · · · ·	• • • • • • • • • • • • • • • • • • • •	()	56:45	56:51
278.         289         Kirsty Walton         F (80th)         F45 (13th)         ()         57:26         57           279.         220         Michelle Murray         F (81st)         FSen (17th)         ()         57:23         57           280.         259         Rebecca Sharrard         F (82rd)         F55 (6th)         ()         57:23         57           281.         114         Gillian Fowles         F (83rd)         F55 (6th)         Whitchurch Whippets (4th)         57:31         57           282.         130         Andrew Harding         M (199th)         M45 (28th)         Parkrun (1st)         57:36         57           283.         97         Tony Edge         M (200th)         M55 (34th)         Q         Lawley running club (1st)         57:36         57           284.         79         Nicola Cooper         F (84th)         F60 (3th)         Lawley running club (1st)         58:11         58           285.         86         Sue Cunningham         F (85th)         F65 (3rd)         Shropshire Shufflers (36th)         58:31         58           286.         58         Richard Burton         M (202th)         M70 (6th)         ()         59:09         59           287.	276.	368	Mandy Lewis	F (79th)	F45 (12th)	Whitchurch Whippets (3rd)	52:42	56:54
279.         220         Michelle Murray         F (81st)         FSen (17th)         ()         57:23         57           280.         259         Rebecca Sharrard         F (82nd)         F35 (16th)         ()         57:23         57           281.         114         Gillian Fowles         F (83rd)         F55 (6th)         Whitchurch Whippets (4th)         57:36         57           282.         130         Andrew Harding         M (199th)         M45 (28th)         Parkrun (1st)         57:36         57           283.         97         Tony Edge         M (200th)         M55 (34th)         ()         57:53         57           284.         79         Nicola Cooper         F (84th)         F50 (8th)         Lawley running club (1st)         58:11         58           285.         86         Suc Cunningham         F (85th)         F65 (3rd)         Shropshire Shufflers (38th)         58:31         58           286.         55         Richard Burton         M (202nd)         M70 (6th)         ()         59:09         59           287.         217         Howard Mostyn         M (202nd)         M70 (6th)         ()         59:10         58           288.         324         Stacey	277.	48	John Broadhead	M (198th)	M70 (5th)	Glaxo Hoad Hill Harriers (1st)	57:09	57:27
280.         259         Rebecca Sharrard         F (82nd)         F35 (16th)         ()         57:23         57           281.         114         Gillian Fowles         F (83rd)         F55 (6th)         Whitchurch Whippets (4th)         57:31         57           282.         130         Andrew Harding         M (199th)         M45 (28th)         Parkrun (1st)         57:36         57           283.         97         Tony Edge         M (200th)         M55 (34th)         ()         57:53         57           284.         79         Nicola Cooper         F (84th)         F50 (6th)         Lawley running club (1st)         58:11         58           285.         86         Sue Cunningham         F (85th)         F65 (3rd)         Shropshire Shufflers (38th)         58:31         58           286.         55         Richard Burton         M (2021d)         M70 (6th)         ()         59:09         59           287.         217         Howard Mostyn         M (2020d)         M70 (6th)         ()         59:09         59           288.         324         Stacey Yeardley         F (86th)         F56 (8th)         ()         ()         59:14         59 299.28           289. <t< th=""><th>278.</th><th>289</th><th>Kirsty Walton</th><th>F (80th)</th><th>F45 (13th)</th><th>()</th><th>57:26</th><th>57:38</th></t<>	278.	289	Kirsty Walton	F (80th)	F45 (13th)	()	57:26	57:38
281.         114         Gillian Fowles         F (83rd)         F55 (6th)         Whitchurch Whippets (4th)         57:31         57           282.         130         Andrew Harding         M (199th)         M45 (28th)         Parkrun (1st)         57:36         57           283.         97         Tony Edge         M (200th)         M55 (34th)         ()         57:53         57           284.         79         Nicola Cooper         F (84th)         F60 (8th)         Lawley running club (1st)         58:11         58           285.         86         Sue Cunningham         F (85th)         F65 (3rd)         Shropshire Shufflers (36th)         58:31         58           286.         55         Richard Burton         M (202nd)         M70 (6th)         ()         59:09         59           287.         217         Howard Mostyn         M (202nd)         M70 (6th)         ()         59:09         59           288.         232         Stacey Yeardley         F (86th)         F60 (8th)         ()         59:10         59           289.         232         Susannah Podmore         F (87th)         F55 (7th)         ()         59:13         59           299.         232         Susannah P	279.	220	Michelle Murray	F (81st)	FSen (17th)	()	57:23	57:39
282.         130         Andrew Harding         M (199th)         M45 (28th)         Parkrun (1st)         57:36         57           283.         97         Tony Edge         M (200th)         M55 (34th)         ()         57:53         57           284.         79         Nicola Cooper         F (84th)         F50 (6th)         Lawley running club (1st)         58:11         58           285.         86         Sue Cunningham         F (85th)         F65 (3rd)         Shropshire Shufflers (38th)         58:31         58           286.         55         Richard Burton         M (202nd)         M70 (6th)         ()         59:09         59           287.         217         Howard Mostyn         M (202nd)         M70 (6th)         ()         59:09         59           288.         324         Stacey Yeardley         F (86th)         F60 (8th)         ()         59:10         59           289.         232         Susannah Podmore         F (87th)         F55 (7th)         ()         59:13         59           290.         222         George Nutter         M (203rd)         M55 (35th)         ()         59:14         59           291.         35         Michael Bland         M	280.	259	Rebecca Sharrard	F (82nd)	F35 (16th)	()	57:23	57:39
283.         97         Tony Edge         M (200th)         M55 (34th)         ()         57:53         57           284.         79         Nicola Cooper         F (84th)         F50 (6th)         Lawley running club (1st)         58:11         58           285.         86         Sue Cunningham         F (85th)         F65 (3rd)         Shropshire Shufflers (36th)         58:23         58           286.         55         Richard Burton         M (201st)         M60 (19th)         Shropshire Shufflers (36th)         58:23         58           287.         217         Howard Mostyn         M (202nd)         M70 (6th)         ()         59:09         59           288.         324         Stacey Yeardley         F (86th)         F60 (8th)         ()         59:10         59           289.         232         Susannah Podmore         F (87th)         F55 (7th)         ()         59:14         59           291.         35         Michael Bland         M (204th)         M55 (35th)         ()         59:14         59           291.         35         Malchael Bland         M (204th)         M70 (7th)         Shropshire Shufflers (38th)         59:14         59           292.         27	281.	114	Gillian Fowles	F (83rd)	F55 (6th)	Whitchurch Whippets (4th)	57:31	57:45
284.         79         Nicola Cooper         F (84th)         F50 (6th)         Lawley running club (1st)         58:11         58           285.         86         Sue Cunningham         F (85th)         F65 (3rd)         Shropshire Shufflers (36th)         58:31         58           286.         55         Richard Burton         M (207st)         M60 (19th)         Shropshire Shufflers (37th)         58:23         58           287.         217         Howard Mostyn         M (202nd)         M70 (6th)         ()         59:09         59           288.         234         Stacey Yeardley         F (86th)         F60 (8th)         ()         59:10         59           289.         232         Susannah Podmore         F (87th)         F55 (7th)         ()         59:13         59           290.         222         George Nutter         M (203rd)         M55 (35th)         ()         59:13         59           291.         35         Michael Bland         M (204th)         M70 (7th)         Shropshire Shufflers (38th)         59:14         59           292.         87         Sally Anne Davies         F (88th)         F55 (8th)         ()         1:00:00         10         59:13         59	282.	130	Andrew Harding	M (199th)	M45 (28th)	Parkrun (1st)	57:36	57:51
285.         86         Sue Cunningham         F (85th)         F65 (3rd)         Shropshire Shufflers (36th)         58:31         58           286.         55         Richard Burton         M (201st)         M60 (19th)         Shropshire Shufflers (37th)         58:23         58           287.         217         Howard Mostyn         M (202nd)         M70 (6th)         ()         59:09         59           288.         324         Stacey Yeardley         F (86th)         F60 (8th)         ()         59:10         59           289.         232         Susannah Podmore         F (87th)         F55 (7th)         ()         59:14         59           290.         222         George Nutter         M (203rd)         M55 (35th)         ()         59:13         59           291.         35         Michael Bland         M (204th)         M70 (7th)         Shropshire Shufflers (38th)         59:14         59           292.         87         Sally Anne Davies         F (88th)         F55 (8th)         ()         59:56         1:0           293.         184         Duncan Lewis         M (205th)         M4 (205th)         M4 (205th)         Oswestry Olympians (8th)         1:00:07         1:0 <th< th=""><th>283.</th><th></th><th>, ,</th><th>M (200th)</th><th>M55 (34th)</th><th>()</th><th>57:53</th><th>57:59</th></th<>	283.		, ,	M (200th)	M55 (34th)	()	57:53	57:59
286.         55         Richard Burton         M (201st)         M60 (19th)         Shropshire Shufflers (37th)         58:23         58           287.         217         Howard Mostyn         M (202nd)         M70 (6th)         ()         59:09         59           288.         324         Stacey Yeardley         F (86th)         F60 (8th)         ()         59:10         59           289.         232         Susannah Podmore         F (87th)         F55 (7th)         ()         59:14         59           290.         222         George Nutter         M (203rd)         M55 (35th)         ()         59:13         59           291.         35         Michael Bland         M (204th)         M70 (7th)         Shropshire Shufflers (38th)         59:14         59           292.         87         Sally Anne Davies         F (88th)         F55 (8th)         ()         59:56         1:0           293.         184         Duncan Lewis         M (205th)         M42 (29th)         ()         1:00:05         1:0           294.         187         Pam Lloyd         F (89th)         F55 (9th)         Oswestry Olympians (8th)         1:00:015         1:0           295.         44         Vicky Bray			<u> </u>	, ,				58:20
287.         217         Howard Mostyn         M (202nd)         M70 (6th)         ()         59:09         59           288.         324         Stacey Yeardley         F (86th)         F60 (8th)         ()         59:10         59           289.         232         Susannah Podmore         F (87th)         F55 (7th)         ()         59:14         59           290.         222         George Nutter         M (203rd)         M55 (35th)         ()         59:13         59           291.         35         Michael Bland         M (204th)         M70 (7th)         Shropshire Shufflers (38th)         59:14         59           292.         87         Sally Anne Davies         F (88th)         F55 (8th)         ()         59:56         1:0           293.         184         Duncan Lewis         M (205th)         M45 (29th)         ()         1:00:05         1:0           294.         187         Pam Lloyd         F (89th)         F55 (9th)         Oswestry Olympians (8th)         1:00:07         1:0           295.         44         Vicky Brayne         F (90th)         F60 (9th)         Oswestry Olympians (8th)         1:00:15         1:0           296.         228         Rebeaca Painti				, ,	,			58:39
288.         324         Stacey Yeardley         F (86th)         F60 (8th)         ()         59:10         59           289.         232         Susannah Podmore         F (87th)         F55 (7th)         ()         59:14         59           290.         222         George Nutter         M (203rd)         M55 (35th)         ()         59:13         59           291.         35         Michael Bland         M (204th)         M70 (7th)         Shropshire Shufflers (38th)         59:14         59           292.         87         Sally Anne Davies         F (88th)         F55 (8th)         ()         59:56         1:0           293.         184         Duncan Lewis         M (205th)         M45 (29th)         ()         1:00:05         1:0           294.         187         Pam Lloyd         F (89th)         F55 (9th)         Oswestry Olympians (8th)         1:00:07         1:0           295.         44         Vicky Brayne         F (90th)         F60 (9th)         Oswestry Olympians (9th)         1:00:15         1:0           296.         228         Rebecca Painting         F (91st)         F45 (14th)         Dudley Kingswinford RC (2nd)         1:00:25         1:0           297.         94<					, ,	Shropshire Shufflers (37th)		58:40
289.         232         Susannah Podmore         F (87th)         F55 (7th)         ()         59:14         59           290.         222         George Nutter         M (203rd)         M55 (35th)         ()         59:13         59           291.         35         Michael Bland         M (204th)         M70 (7th)         Shropshire Shufflers (38th)         59:14         59           292.         87         Sally Anne Davies         F (88th)         F55 (8th)         ()         59:56         1:0           293.         184         Duncan Lewis         M (205th)         M45 (29th)         ()         1:00:05         1:0           294.         187         Pam Lloyd         F (88th)         F55 (9th)         Oswestry Olympians (8th)         1:00:07         1:0           294.         187         Pam Lloyd         F (99th)         F60 (9th)         Oswestry Olympians (9th)         1:00:15         1:0           295.         44         Vicky Brayne         F (90th)         F60 (9th)         Oswestry Olympians (9th)         1:00:15         1:0           296.         228         Rebecca Painting         F (90th)         F60 (9th)         Dudley Kingswinford RC (2nd)         1:00:15         1:0           297. <th></th> <th></th> <th>·</th> <th>, ,</th> <th>, ,</th> <th>()</th> <th></th> <th>59:09</th>			·	, ,	, ,	()		59:09
290.         222         George Nutter         M (203rd)         M55 (35th)         ()         59:13         59           291.         35         Michael Bland         M (204th)         M70 (7th)         Shropshire Shufflers (38th)         59:14         59           292.         87         Sally Anne Davies         F (88th)         F55 (8th)         ()         59:56         1:0           293.         184         Duncan Lewis         M (205th)         M45 (29th)         ()         1:00:05         1:0           294.         187         Pam Lloyd         F (89th)         F55 (9th)         Oswestry Olympians (8th)         1:00:07         1:0           295.         44         Vicky Brayne         F (99th)         F65 (9th)         Oswestry Olympians (9th)         1:00:15         1:0           296.         228         Rebecca Painting         F (91st)         F45 (14th)         Dudley Kingswinford RC (2nd)         1:00:25         1:0           297.         94         Brenda Duffus         F (92nd)         F65 (4th)         ()         1:00:26         1:0           298.         120         Stephen Gray         M (206th)         M65 (11th)         Whitchurch Whitpets (5th)         1:00:25         1:0           2			•			()		59:19
291.         35         Michael Bland         M (204th)         M70 (7th)         Shropshire Shufflers (38th)         59:14         59           292.         87         Sally Anne Davies         F (88th)         F55 (8th)         ()         59:56         1:0           293.         184         Duncan Lewis         M (205th)         M45 (29th)         ()         1:00:05         1:0           294.         187         Pam Lloyd         F (89th)         F55 (9th)         Oswestry Olympians (8th)         1:00:07         1:0           295.         44         Vicky Brayne         F (90th)         F60 (9th)         Oswestry Olympians (9th)         1:00:15         1:0           296.         228         Rebecca Painting         F (91st)         F45 (14th)         Dudley Kingswinford RC (2nd)         1:00:25         1:0           297.         94         Brenda Duffus         F (91st)         F45 (14th)         Dudley Kingswinford RC (2nd)         1:00:26         1:0           298.         120         Stephen Gray         M (206th)         M65 (11th)         Whitchurch Whitpach         1:00:26         1:0           299.         155         Harriet Hunt         F (93rd)         F45 (15th)         Shropshire Shufflers (39th)         1:00:45				, ,	, ,	()		59:23
292.         87         Sally Anne Davies         F (88th)         F55 (8th)         ()         59:56         1:0           293.         184         Duncan Lewis         M (205th)         M45 (29th)         ()         1:00:05         1:0           294.         187         Pam Lloyd         F (89th)         F55 (9th)         Oswestry Olympians (8th)         1:00:07         1:0           295.         44         Vicky Brayne         F (90th)         F60 (9th)         Oswestry Olympians (9th)         1:00:15         1:0           296.         228         Rebecca Painting         F (91st)         F45 (14th)         Dudley Kingswinford RC (2nd)         1:00:25         1:0           297.         94         Brenda Duffus         F (92nd)         F65 (4th)         ()         1:00:26         1:0           298.         120         Stephen Gray         M (206th)         M65 (11th)         Whitchurch Whippets (5th)         1:00:45         1:0           299.         155         Harriet Hunt         F (93rd)         F45 (15th)         Shropshire Shufflers (39th)         1:00:25         1:0           300.         212         Dom Moran         M (207th)         M45 (30th)         ()         1:0:0:20         1:0 <t< th=""><th></th><th></th><th></th><th>. ,</th><th></th><th>()</th><th></th><th>59:23</th></t<>				. ,		()		59:23
293.         184         Duncan Lewis         M (205th)         M45 (29th)         ()         1:00:05         1:0           294.         187         Pam Lloyd         F (89th)         F55 (9th)         Oswestry Olympians (8th)         1:00:07         1:0           295.         44         Vicky Brayne         F (90th)         F60 (9th)         Oswestry Olympians (9th)         1:00:15         1:0           296.         228         Rebecca Painting         F (91st)         F45 (14th)         Dudley Kingswinford RC (2nd)         1:00:25         1:0           297.         94         Brenda Duffus         F (92nd)         F65 (4th)         ()         1:00:26         1:0           298.         120         Stephen Gray         M (206th)         M65 (11th)         Whitchurch Whippets (5th)         1:00:45         1:0           300.         212         Dom Moran         M (207th)         M45 (30th)         ()         1:01:00         1:0           301.         353         Maci Shakespeare         F (94th)         FSen (18th)         ()         1:01:01         1:0           302.         358         Rachel Andrew         F (95th)         F50 (7th)         Oswestry Olympians (10th)         1:01:00         1:0           <				, ,	, ,	Shropshire Shufflers (38th)		59:29
294.         187         Pam Lloyd         F (89th)         F55 (9th)         Oswestry Olympians (8th)         1:00:07         1:0           295.         44         Vicky Brayne         F (90th)         F60 (9th)         Oswestry Olympians (9th)         1:00:15         1:0           296.         228         Rebecca Painting         F (91st)         F45 (14th)         Dudley Kingswinford RC (2nd)         1:00:25         1:0           297.         94         Brenda Duffus         F (92nd)         F65 (4th)         ()         1:00:26         1:0           298.         120         Stephen Gray         M (206th)         M65 (11th)         Whitchurch Whippets (5th)         1:00:45         1:0           299.         155         Harriet Hunt         F (93rd)         F45 (15th)         Shropshire Shufflers (39th)         1:00:50         1:0           300.         212         Dom Moran         M (207th)         M45 (30th)         ()         1:01:00         1:0           301.         353         Maci Shakespeare         F (94th)         FSen (18th)         ()         1:01:01         1:0           302.         358         Rachel Andrew         F (95th)         F50 (7th)         Oswestry Olympians (10th)         1:01:01         1:0			•	· · · · · · · · · · · · · · · · · · ·		()		1:00:03
295.         44         Vicky Brayne         F (90th)         F60 (9th)         Oswestry Olympians (9th)         1:00:15         1:0           296.         228         Rebecca Painting         F (91st)         F45 (14th)         Dudley Kingswinford RC (2nd)         1:00:25         1:0           297.         94         Brenda Duffus         F (92nd)         F65 (4th)         ()         1:00:26         1:0           298.         120         Stephen Gray         M (206th)         M65 (11th)         Whitchurch Whippets (5th)         1:00:45         1:0           299.         155         Harriet Hunt         F (93rd)         F45 (15th)         Shropshire Shufflers (39th)         1:00:50         1:0           300.         212         Dom Moran         M (207th)         M45 (30th)         ()         1:01:00         1:0           301.         353         Maci Shakespeare         F (94th)         FSen (18th)         ()         1:01:00         1:0           302.         358         Rachel Andrew         F (95th)         FSo (7th)         Oswestry Olympians (10th)         1:01:00         1:0           303.         302         Su Wigley         F (96th)         F50 (8th)         Shropshire Shufflers (40th)         1:01:00         1:0				, ,	, ,	V		1:00:18
296.         228         Rebecca Painting         F (91st)         F45 (14th)         Dudley Kingswinford RC (2nd)         1:00:25         1:0           297.         94         Brenda Duffus         F (92nd)         F65 (4th)         ()         1:00:26         1:0           298.         120         Stephen Gray         M (206th)         M65 (11th)         Whitchurch Whippets (5th)         1:00:45         1:0           300.         212         Dom Moran         M (207th)         M45 (30th)         ()         1:01:00         1:0           301.         353         Maci Shakespeare         F (94th)         FSen (18th)         ()         1:01:00         1:0           302.         358         Rachel Andrew         F (95th)         F50 (7th)         Oswestry Olympians (10th)         1:01:00         1:0           303.         302         Su Wigley         F (96th)         F50 (8th)         Shropshire Shufflers (40th)         1:01:00         1:0           304.         277         Chrissie Taylor         F (97th)         F65 (5th)         Shawbury Joggers (8th)         1:01:25         1:0           305.         213         Ben Morgan         M (208th)         MSen (38th)         ()         1:01:27         1:0			•	· · · · · · · · · · · · · · · · · · ·				1:00:25
297.         94         Brenda Duffus         F (92nd)         F65 (4th)         ()         1:00:26         1:0           298.         120         Stephen Gray         M (206th)         M65 (11th)         Whitchurch Whippets (5th)         1:00:45         1:0           299.         155         Harriet Hunt         F (93rd)         F45 (15th)         Shropshire Shufflers (39th)         1:00:50         1:0           300.         212         Dom Moran         M (207th)         M45 (30th)         ()         1:01:00         1:0           301.         353         Maci Shakespeare         F (94th)         FSen (18th)         ()         1:01:01         1:0           302.         358         Rachel Andrew         F (95th)         FSen (18th)         ()         1:01:00         1:0           303.         302         Su Wigley         F (95th)         FSD (7th)         Oswestry Olympians (10th)         1:01:00         1:0           304.         277         Chrissie Taylor         F (95th)         F5D (8th)         Shropshire Shufflers (40th)         1:01:25         1:0           305.         213         Ben Morgan         M (208th)         MSen (38th)         ()         1:01:27         1:0           306.				, ,	,			1:00:35
298.         120         Stephen Gray         M (206th)         M65 (11th)         Whitchurch Whippets (5th)         1:00:45         1:00           299.         155         Harriet Hunt         F (93rd)         F45 (15th)         Shropshire Shufflers (39th)         1:00:50         1:0           300.         212         Dom Moran         M (207th)         M45 (30th)         ()         1:01:00         1:0           301.         353         Maci Shakespeare         F (94th)         FSen (18th)         ()         1:01:01         1:0           302.         358         Rachel Andrew         F (95th)         F50 (7th)         Oswestry Olympians (10th)         1:01:00         1:0           303.         302         Su Wigley         F (96th)         F50 (8th)         Shropshire Shufflers (40th)         1:01:02         1:0           304.         277         Chrissie Taylor         F (97th)         F65 (5th)         Shawbury Joggers (8th)         1:01:25         1:0           305.         213         Ben Morgan         M (208th)         MSen (38th)         ()         1:01:27         1:0           306.         219         Philip Murphy         M (209th)         M45 (31st)         Wrekin Road Runners (5th)         1:01:27         1:0					, ,	()		1:00:42
299.         155         Harriet Hunt         F (93rd)         F45 (15th)         Shropshire Shufflers (39th)         1:00:50         1:0           300.         212         Dom Moran         M (207th)         M45 (30th)         ()         1:01:00         1:0           301.         353         Maci Shakespeare         F (94th)         FSen (18th)         ()         1:01:01         1:0           302.         358         Rachel Andrew         F (95th)         F50 (7th)         Oswestry Olympians (10th)         1:01:00         1:0           303.         302         Su Wigley         F (96th)         F50 (8th)         Shropshire Shufflers (40th)         1:01:02         1:0           304.         277         Chrissie Taylor         F (97th)         F65 (5th)         Shawbury Joggers (8th)         1:01:25         1:0           305.         213         Ben Morgan         M (208th)         MSen (38th)         ()         1:01:27         1:0           306.         219         Philip Murphy         M (209th)         M45 (31st)         Wrekin Road Runners (5th)         1:01:27         1:0           307.         140         Ling He         F (98th)         F45 (16th)         Wrekin Road Runners (6th)         1:01:39         1:0				, ,	. ,	Whitchurch Whinnets (5th)		
300.         212         Dom Moran         M (207th)         M45 (30th)         ()         1:01:00         1:0           301.         353         Maci Shakespeare         F (94th)         FSen (18th)         ()         1:01:01         1:0           302.         358         Rachel Andrew         F (95th)         F50 (7th)         Oswestry Olympians (10th)         1:01:00         1:0           303.         302         Su Wigley         F (96th)         F50 (8th)         Shropshire Shufflers (40th)         1:01:02         1:0           304.         277         Chrissie Taylor         F (97th)         F65 (5th)         Shawbury Joggers (8th)         1:01:25         1:0           305.         213         Ben Morgan         M (208th)         MSen (38th)         ()         1:01:27         1:0           306.         219         Philip Murphy         M (209th)         M45 (31st)         Wrekin Road Runners (5th)         1:01:27         1:0           307.         140         Ling He         F (98th)         F45 (16th)         Wrekin Road Runners (6th)         1:01:39         1:0           308.         231         Kevin Piggott         M (210th)         M65 (12th)         Shropshire Shufflers (41st)         1:01:37         1:0 <th></th> <th></th> <th></th> <th></th> <th></th> <th></th> <th></th> <th>1:01:02</th>								1:01:02
301.         353         Maci Shakespeare         F (94th)         FSen (18th)         ()         1:01:01         1:0           302.         358         Rachel Andrew         F (95th)         F50 (7th)         Oswestry Olympians (10th)         1:01:00         1:0           303.         302         Su Wigley         F (96th)         F50 (8th)         Shropshire Shufflers (40th)         1:01:02         1:0           304.         277         Chrissie Taylor         F (97th)         F65 (5th)         Shawbury Joggers (8th)         1:01:25         1:0           305.         213         Ben Morgan         M (208th)         MSen (38th)         ()         1:01:27         1:0           306.         219         Philip Murphy         M (209th)         M45 (31st)         Wrekin Road Runners (5th)         1:01:27         1:0           307.         140         Ling He         F (98th)         F45 (16th)         Wrekin Road Runners (6th)         1:01:39         1:0           308.         231         Kevin Piggott         M (210th)         M65 (12th)         Shropshire Shufflers (41st)         1:01:37         1:0           309.         32         Jane Blackwell         F (99th)         F55 (10th)         Deestriders RC (10th)         1:01:47				, ,		()		1:01:09
302.         358         Rachel Andrew         F (95th)         F50 (7th)         Oswestry Olympians (10th)         1:01:00         1:0           303.         302         Su Wigley         F (96th)         F50 (8th)         Shropshire Shufflers (40th)         1:01:02         1:0           304.         277         Chrissie Taylor         F (97th)         F65 (5th)         Shawbury Joggers (8th)         1:01:25         1:0           305.         213         Ben Morgan         M (208th)         MSen (38th)         ()         1:01:27         1:0           306.         219         Philip Murphy         M (209th)         M45 (31st)         Wrekin Road Runners (5th)         1:01:27         1:0           307.         140         Ling He         F (98th)         F45 (16th)         Wrekin Road Runners (6th)         1:01:39         1:0           308.         231         Kevin Piggott         M (210th)         M65 (12th)         Shropshire Shufflers (41st)         1:01:37         1:0           309.         32         Jane Blackwell         F (99th)         F55 (10th)         Deestriders RC (10th)         1:01:47         1:0           310.         315         Sue Witty         F (100th)         F55 (11th)         Deestriders RC (11th)         1:01:49				, , ,		0		1:01:10
303.         302         Su Wigley         F (96th)         F50 (8th)         Shropshire Shufflers (40th)         1:01:02         1:0           304.         277         Chrissie Taylor         F (97th)         F65 (5th)         Shawbury Joggers (8th)         1:01:25         1:0           305.         213         Ben Morgan         M (208th)         MSen (38th)         ()         1:01:27         1:0           306.         219         Philip Murphy         M (209th)         M45 (31st)         Wrekin Road Runners (5th)         1:01:27         1:0           307.         140         Ling He         F (98th)         F45 (16th)         Wrekin Road Runners (6th)         1:01:39         1:0           308.         231         Kevin Piggott         M (210th)         M65 (12th)         Shropshire Shufflers (41st)         1:01:37         1:0           309.         32         Jane Blackwell         F (99th)         F55 (10th)         Deestriders RC (10th)         1:01:47         1:0           310.         315         Sue Witty         F (100th)         F55 (11th)         Deestriders RC (11th)         1:01:48         1:0           311.         229         Debbie Parry         F (101st)         F50 (9th)         Deestriders RC (12th)         1:02:11 <th></th> <th></th> <th>•</th> <th>, ,</th> <th>,</th> <th>Oswestry Olympians (10th)</th> <th></th> <th>1:01:11</th>			•	, ,	,	Oswestry Olympians (10th)		1:01:11
305.         213         Ben Morgan         M (208th)         MSen (38th)         ()         1:01:27         1:0           306.         219         Philip Murphy         M (209th)         M45 (31st)         Wrekin Road Runners (5th)         1:01:27         1:0           307.         140         Ling He         F (98th)         F45 (16th)         Wrekin Road Runners (6th)         1:01:39         1:0           308.         231         Kevin Piggott         M (210th)         M65 (12th)         Shropshire Shufflers (41st)         1:01:37         1:0           309.         32         Jane Blackwell         F (99th)         F55 (10th)         Deestriders RC (10th)         1:01:47         1:0           310.         315         Sue Witty         F (100th)         F55 (11th)         Deestriders RC (11th)         1:01:48         1:0           311.         229         Debbie Parry         F (101st)         F50 (9th)         Deestriders RC (12th)         1:01:49         1:0           312.         288         Angela Walton         F (102nd)         F60 (10th)         ()         1:02:11         1:0           313.         208         Genette Milburn         F (103rd)         F55 (12th)         ()         1:05:16         1:0	303.	302	Su Wigley	F (96th)	F50 (8th)		1:01:02	1:01:18
306.       219       Philip Murphy       M (209th)       M45 (31st)       Wrekin Road Runners (5th)       1:01:27       1:0         307.       140       Ling He       F (98th)       F45 (16th)       Wrekin Road Runners (6th)       1:01:39       1:0         308.       231       Kevin Piggott       M (210th)       M65 (12th)       Shropshire Shufflers (41st)       1:01:37       1:0         309.       32       Jane Blackwell       F (99th)       F55 (10th)       Deestriders RC (10th)       1:01:47       1:0         310.       315       Sue Witty       F (100th)       F55 (11th)       Deestriders RC (11th)       1:01:48       1:0         311.       229       Debbie Parry       F (101st)       F50 (9th)       Deestriders RC (12th)       1:01:49       1:0         312.       288       Angela Walton       F (102nd)       F60 (10th)       ()       1:05:16       1:0         313.       208       Genette Milburn       F (103rd)       F55 (12th)       ()       1:05:16       1:0         314.       296       Michael Weatherall       M (211th)       M45 (32nd)       ()       1:05:21       1:0	304.	277	Chrissie Taylor	F (97th)	F65 (5th)	Shawbury Joggers (8th)	1:01:25	1:01:35
307.         140         Ling He         F (98th)         F45 (16th)         Wrekin Road Runners (6th)         1:01:39         1:0           308.         231         Kevin Piggott         M (210th)         M65 (12th)         Shropshire Shufflers (41st)         1:01:37         1:0           309.         32         Jane Blackwell         F (99th)         F55 (10th)         Deestriders RC (10th)         1:01:47         1:0           310.         315         Sue Witty         F (100th)         F55 (11th)         Deestriders RC (11th)         1:01:48         1:0           311.         229         Debbie Parry         F (101st)         F50 (9th)         Deestriders RC (12th)         1:01:49         1:0           312.         288         Angela Walton         F (102nd)         F60 (10th)         ()         1:05:11         1:0           313.         208         Genette Milburn         F (103rd)         F55 (12th)         ()         1:05:16         1:0           314.         296         Michael Weatherall         M (211th)         M45 (32nd)         ()         1:05:21         1:0	305.	213	Ben Morgan	M (208th)	MSen (38th)	()	1:01:27	1:01:42
308.       231       Kevin Piggott       M (210th)       M65 (12th)       Shropshire Shufflers (41st)       1:01:37       1:0         309.       32       Jane Blackwell       F (99th)       F55 (10th)       Deestriders RC (10th)       1:01:47       1:0         310.       315       Sue Witty       F (100th)       F55 (11th)       Deestriders RC (11th)       1:01:48       1:0         311.       229       Debbie Parry       F (101st)       F50 (9th)       Deestriders RC (12th)       1:01:49       1:0         312.       288       Angela Walton       F (102nd)       F60 (10th)       ()       1:02:11       1:0         313.       208       Genette Milburn       F (103rd)       F55 (12th)       ()       1:05:16       1:0         314.       296       Michael Weatherall       M (211th)       M45 (32nd)       ()       1:05:21       1:0	306.	219	Philip Murphy	M (209th)	M45 (31st)	Wrekin Road Runners (5th)	1:01:27	1:01:42
309.       32       Jane Blackwell       F (99th)       F55 (10th)       Deestriders RC (10th)       1:01:47       1:0         310.       315       Sue Witty       F (100th)       F55 (11th)       Deestriders RC (11th)       1:01:48       1:0         311.       229       Debbie Parry       F (101st)       F50 (9th)       Deestriders RC (12th)       1:01:49       1:0         312.       288       Angela Walton       F (102nd)       F60 (10th)       ()       1:02:11       1:0         313.       208       Genette Milburn       F (103rd)       F55 (12th)       ()       1:05:16       1:0         314.       296       Michael Weatherall       M (211th)       M45 (32nd)       ()       1:05:21       1:0	307.	140	Ling He	F (98th)	F45 (16th)	Wrekin Road Runners (6th)	1:01:39	1:01:45
310.       315       Sue Witty       F (100th)       F55 (11th)       Deestriders RC (11th)       1:01:48       1:0         311.       229       Debbie Parry       F (101st)       F50 (9th)       Deestriders RC (12th)       1:01:49       1:0         312.       288       Angela Walton       F (102nd)       F60 (10th)       ()       1:02:11       1:0         313.       208       Genette Milburn       F (103rd)       F55 (12th)       ()       1:05:16       1:0         314.       296       Michael Weatherall       M (211th)       M45 (32nd)       ()       1:05:21       1:0	308.	231	Kevin Piggott	M (210th)	M65 (12th)	Shropshire Shufflers (41st)	1:01:37	1:01:51
311.       229       Debbie Parry       F (101st)       F50 (9th)       Deestriders RC (12th)       1:01:49       1:0         312.       288       Angela Walton       F (102nd)       F60 (10th)       ()       1:02:11       1:0         313.       208       Genette Milburn       F (103rd)       F55 (12th)       ()       1:05:16       1:0         314.       296       Michael Weatherall       M (211th)       M45 (32nd)       ()       1:05:21       1:0	309.	32	Jane Blackwell	F (99th)	F55 (10th)	Deestriders RC (10th)	1:01:47	1:02:00
312.       288       Angela Walton       F (102nd)       F60 (10th)       ()       1:02:11       1:0         313.       208       Genette Milburn       F (103rd)       F55 (12th)       ()       1:05:16       1:0         314.       296       Michael Weatherall       M (211th)       M45 (32nd)       ()       1:05:21       1:0	310.	315	Sue Witty	F (100th)	F55 (11th)	Deestriders RC (11th)	1:01:48	1:02:00
313.       208       Genette Milburn       F (103rd)       F55 (12th)       ()       1:05:16       1:0         314.       296       Michael Weatherall       M (211th)       M45 (32nd)       ()       1:05:21       1:0	311.	229	Debbie Parry	F (101st)	F50 (9th)	Deestriders RC (12th)	1:01:49	1:02:01
<b>314.</b> 296 Michael Weatherall <i>M</i> (211th) M45 (32nd) () 1:05:21 <b>1:0</b>	312.	288	Angela Walton	F (102nd)		()	1:02:11	1:02:22
	313.			F (103rd)	F55 (12th)	()	1:05:16	1:05:33
<b>315.</b> 156 Marilyn Hunt <i>F (104th)</i> F55 (13th) Shropshire Shufflers (42nd) 1:07:13 <b>1:0</b>		296		. ,	, ,	· ·		1:05:36
	315.	156	Marilyn Hunt	F (104th)	F55 (13th)	Shropshire Shufflers (42nd)	1:07:13	1:07:27

#### **Overall Results**



Pos	Bib	Name	M/F	AG	Club	Chip	Time
316.	21	Linda Bate	F (105th)	F55 (14th)	Dolly Mixtures (2nd)	1:11:29	1:11:39
317.	256	Carrie Sayce	F (106th)	F50 (10th)	Oswestry Olympians (11th)	1:12:21	1:12:30
318.	234	Catherine Price	F (107th)	F55 (15th)	()	1:12:23	1:12:32
319.	371	Mark Boden	M (212th)	M60 (20th)	Lawley running club (2nd)	1:14:54	1:15:02
320.	18	Viv Barnett	F (108th)	F60 (11th)	()	1:14:55	1:15:02
321.	9	Ruth Appleton	F (109th)	F65 (6th)	()	1:15:34	1:15:49
322.	251	Helen Rowlinson	F (110th)	F70 (3rd)	Shropshire Shufflers (43rd)	1:21:20	1:21:33

Number of records: 322