

Fell Running Record of Best Performances – All Time

These all-time best performances have been compiled from info on the Mercia, Telford AC websites and my race results sheets. Please let me have information about any results that are inaccurate. Thanks. Andy Lewis. January 2019.

Male All-Time Best Performances

Race	U11 boy	U16 male	U18 Male	U23 Male	Overall Male	Overall Veteran Male
Morning After	No mark	No mark	No mark	No mark	Mike James (SM) 28.52 (2007)	Nick Jones 33.32 (2009)
Titterstone Clee	No mark	No mark	No mark	Harry Matthews (JM) 19.44 (1995)	Harry Matthews (JM) 19.44 (1995)	Kev Francis (M40) 21.34 (2007)
Long Mynd Valleys	No mark	No mark	No mark	No mark	Steven Cale (SM) 1:40.38 (2010)	Kev Francis (M40) 2:01.26 (2007)
Cardingmill Canter	No mark	No mark	No mark	No mark	Mike James (SM) 39.18 (2007)	Kev Francis (M40) 46.48 (2007)
Wrekin Fell Race	No mark	Callum Mitchelmore (MU16) 13.10	No mark	Nick Smith (MU20) 41.21 (1999)	Mike James (SM) 35.38 (2007)	Ian Hughes (M40) 40.51 (2008)
Wrekin Streak	No mark	No mark	Harry Duffy (MU18) 24.15 (2016)	Harry Matthews (JM) 17.57 (1998)	Mike James (SM) 17.16 (2006)	Neil O'Hanlon (M40) 19.49 (2016)
Caradoc Classic	No mark	No mark	Harry Duffy (MU18) 30.37 (2016)	Harry Matthews (JM) 25.03 (1995)	Mike James (SM) 22.43 (2005)	Graham Jones (M40) 26.40 (1997)
Batch Bash	No mark	Callum Mitchelmore (MU16) 26.07 (2016)	No mark	Connor Middleton (MU23) 30.20 (2016)	Callum Mitchelmore (MU16) 26.07 (2016)	Graham Jones (M60) 30.48 (2017)
Rodney's Pillar	No mark	Callum Mitchelmore (MU16) 23.20 (2016)	No mark	No mark	Callum Mitchelmore (MU16) 23.20 (2016)	Steve Turk (M45) 26.56 (2017)

Pontesbury	No mark	Callum Mitchelmore (MU16) 20.49 (2016)	Harry Duffy (MU18) 27.27 (2016)	Harry Matthews (JM) 21.34 (1998)	Callum Mitchelmore (MU16) 20.49 (2016)	Graham Jones (M60) 24.45 (2016)
Callow (previous route)	No mark	No mark	No mark	Harry Matthews (MU20) 31.16 (1998)	Harry Matthews (MU20) 31.16 (1998)	Graham Jones (M40) 37.05 (1998)
Callow (current route)	No mark	No mark	No mark	No mark	Stuart Proctor (M50) 1:10.53 (2019)	Stuart Proctor (M50) 1:10.53 (2019)
Stiperstones	No mark	No mark	Harry Duffy (MU18) 35.35 (2016)	No mark	Graham Jones (M40) 30.44 (2000)	Graham Jones (M40) 30.44 (2000)
Ragleth	No mark	No mark	Harry Duffy (MU18) 40.40 (2016)	No mark	Gabe Morris (SM) 30.40 (2016)	Graham Jones (M60) 33.34 (2016)
Stretton Skyline	No mark	No mark	No mark	No mark	Mike James (SM) 2:18.22 (2008)	John Saunders (M40) 2:49.32 (1989)
Breidden Hills	No mark	No mark	No mark	No mark	Dave Jarvis (SM) 1:01.48 (1990)	John Ebrey (M40) 1:02.24 (1993)
Wrekin Wrecker	No mark	No mark	No mark	Connor Middleton (MU23) 1:11.18 (2018)	Scott Hall (SM) 1:03.31 (2018)	Andrew Birch (M45) 1:12.42 (2018)
Time Trial	No mark	No mark	No mark	No mark	Harry Matthews (SM) 1:09.01 (1998)	Kev Francis (M50) 1:15.03 (2018)
Cardington Cracker	No mark	No mark	No mark	Connor Middleton (MU23) 1:29.56 (2018)	Mike James (SM) 1:10.01 (2006)	Kev Francis (M40) 1:25.02 (2006)
Mortimer Forest	No mark	No mark	No mark	No mark	Scott Hall (SM) 1:04.31 (2018)	Alan Dean (M45) 1:13.09 (2016)

Devil's Chair	Jamie Speake 35.13 (2017)	Callum Mitchelmore (MU16) 28.11 (2014)	No mark	No mark	Mike James (SM) 21.44 (2007)	Graham Jones (M50) 24.57 (2006)
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Female All-Time Best Performances

Race	U13 Girl	U17 Girl	U19 Female	Best Female Overall	Best Veteran Female Overall
Morning After	No mark	No mark	No mark	Anna Bartlett (W35) 34.45 (2008)	Anna Bartlett (W35) 34.45 (2008)
Titterstone Clee	No mark	No mark	No mark	Anna Bartlett (SW) 23.45 (2008)	Gill Evans (W50) 32.04 (2016)
Long Mynd Valleys	No mark	No mark	No mark	Anna Bartlett (W40) 1:58.35 (2011)	Anna Bartlett (W40) 1:58.35 (2011)
Cardingmill Canter	No mark	No mark	No mark	Anna Bartlett (SW) 47.36 (2008)	Gill Evans (W55) 1:03.07 (2015)
Wrekin Fell Race	No mark	No mark	No mark	Anna Bartlett (W35) 45.36 (2008)	Anna Bartlett (W35) 45.36 (2008)
Wrekin Streak	No mark	No mark	Rhiannon Matthews 23.10 (1998)	Anna Bartlett (W35) 21.29 (2008)	Anna Bartlett (W35) 21.29 (2008)
Caradoc Classic	No mark	No mark	Rhiannon Matthews 30.34 (2000)	Anna Bartlett (SW) 27.33 (2007)	Anna Bartlett (W40) 28.22 (2010)
Batch Bash	No mark	No mark	No mark	Gill Evans (W55) 40.46 (2018)	Gill Evans (W55) 40.46 (2018)
Rodney's Pillar	No mark	No mark	No mark	Anna Bartlett (W45) 28.43 (2016)	Anna Bartlett (W45) 28.43 (2016)
Pontesbury	No mark	No mark	Rhiannon Matthews 28.14 (1998)	Rhiannon Matthews 28.14 (1998)	Jo Dean (W40) 28.52 (2018)
Callow (old route)	No mark	No mark	No mark	Pam Matthews (W50) 51.31 (1998)	Pam Matthews (W50) 51.31 (1998)
Callow (current route)	No mark	No mark	No mark	No mark	No mark

Stiperstones	No mark	No mark	No mark	Gill Evans (W55) 42.05 (2015)	Gill Evans (W55) 42.05 (2015)
Ragleth	No mark	No mark	No mark	Gill Evans (W55) 41.53 (2017)	Gill Evans (W55) 41.53 (2017)
Stretton Skyline	No mark	No mark	No mark	Anna Bartlett (SW) 2:55.05 (2005)	Gill Evans (W55) 3:39.24 (2017)
Breidden Hills	No mark	No mark	No mark	Gill Evans (W55) 1:21.40 (2017)	Gill Evans (W55) 1:21.40 (2017)
Wrekin Wrecker	No mark	No mark	No mark	Zoe Barber (SW) 1:15.09 (2016)	Anna Bartlett (W45) 1:18.11 (2015)
Time Trial	No mark	No mark	No mark	Rhiannon Matthews 1:24.38 (1998)	Pam Matthews (W50) 1:42.54 (1998)
Cardington Cracker	No mark	No mark	No mark	Anna Bartlett (W40) 1:28.00 (2012)	Anna Bartlett (W40) 1:28.00 (2012)
Mortimer Forest	No mark	No mark	No mark	Anna Bartlett (W45) 1:16.46 (2015)	Anna Bartlett (W45) 1:16.46 (2015)
Devil's Chair	Beth Trow 28.06 (2019)	Isobel Wright- Mountford 47.57 (2019)	No mark	Anna Bartlett (SL) 23.39 (2006)	Anna Bartlett (W45) 27.13 (2016)