

SHREWSBURY AC.			
TRACK & FIELD AWARDS 2018.			
		Name	Signed
Best Performance u/11 girls.	Winner.	Bridget Williams 75m. 11.1.Newtown Open 20/5/18. & Menai Open Bangor 16/9/18.	
	Runner-up.	Evie Jagielka.150m. 22.7.SYAL Cosford 24/5/18.	
Best Performance u/11 boys.	Winner.	Raphael Carsen. 60m. 8.7. Telford Games 2/9/18.	
	Runner-up.	Jamie Speake. 150m. 22.6. SYAL Cosford 24/5/18	
Best Performance u/13 girls.	Winner.	Lucy Newell. 1500m. 5.09.2. SYAL 19/7/18. Shrews. (60th)	
	Runner-up.	Maddie Aiston. 100m 13.7 Wenlock games 15/7/18.& Maddie Parsons 200m. 28.7 SYAL Shrews. 28/6/18.	
Best Performance u/13 boys.	Winner.	Adam Edwards SYAL 800m 2.22.03. Telford Games 2/9/18.	
	Runner-up.	Jack Kinrade. 800m. 2.24.4 SYAL Shrews. 28/6/18.	
Most Improved u/15 girls.	Winner.	Stephanie Walker LJ 4.62- 5.01m & Iris Downes 1500m 5.21.3-5.01.3.	
	Runner-up.	Chloe Speake 100m/LJ 13.8- 13.5/4.22-4.61m. Laura Hulme 100m/LJ 15.5-13.9/ 3.67- 4.25m.	
Most Improved u/15 boys.	Winner.	Dion Thomas 100/200m. 13.7- 12.9/28.8-27.2.	
	Runner-up.	Luca Raisin.100m/LJ 14.1- 13.3/ 3.94-4.73m.	
Most Improved u/20 ladies.	Winner.	Sophie Vernon. 800m/shot/Jav&HJ. 2.53.1- 2.46.9/7.91-8.12/9.01- 23.74/1.50-1.60m.	
	Runner-up.	Dora Tomlinson LJ&HJ 5.16- 5.46/1.56-1.58m. Kati Hulme 300mhdls & LJ46.21- 46.0./5.02-5.06m. Rebecca Walker HJ 1.57-1.60m.	
Most Improved u/20 men.	Winner.	Louis Schofield LJ &HJ. 5.68-6.24m/1.55-1.70m.Brad Davies-Pughe TJ 11.72- 13.07m.	

	Runner-up.	Max Millerchip 100/200m. Ed Barnes 800m/LJ &pentathlon.Joe Gilling 800&1500m.	
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CLUB CHAMPIONSHIPS.

U11 GIRLS.	1st.	Beth Trow 40pts.	
	2nd.	Evie Jagielka 31pts.	
	3rd.	Hannah Greenway 24pts.	
U11 BOYS.	1st.	Raphael Carsen 57pts	
	2nd.	Jamie Speake 34pts	
	3rd.	Alex Glausiusz 20pts.	
U13 GIRLS.	1st.	Olivia Clarke 38pts.	
	2nd.	Maddie Aiston 36pts.	
	3rd.	Amelie Owen 30pts.	
U13 BOYS.	1st.	Adam Edwards & Jack Kinrade 36pts	
	2nd.	Reuben Green & Harry Morris 33pts.	
	3rd.	Scott Reeds 21pts.	
U15 GIRLS.	1st.	Stephanie Walker 52pts.	
	2nd.	Bella Dooley 34pts.	
	3rd.	Chloe Speake 31pts.	
U15 BOYS.	1st.	Josh Inpong-Pirard 39pts.	
	2nd.	Dion Thomas 30pts.	
	3rd.	Luca Raisin 21pts.	
U17 WOMEN.	1st.	Rebecca Walker 73pts	
	2nd.	Kati Hulme 62pts.	
	3rd.	Sophie Vernon 47pts.	
U17 MEN.	1st.	Louis Schofield 70pts.	
	2nd.	Ed Barnes 59pts.	
	3rd.	Max Millerchip & Brad Davies-Pughe 45pts.	
U20/Women	1st.	Beth Evans 25pts.	
	2nd.	Anna-Maria Wake 13pts.	
	3rd.	xxxxxxxxxxxx	
Senior/Vet Women	1st.	Emily McBride 53pts.	
	2nd.	Pat Higgins 28pts.	
	3rd.	Jess Foster 16pts.	
Senior/Vet Men.	1st.	Patrick McBride 111pts.	
	2nd.	James Hickinbottom 93pts.	
	3rd.	Gabe Morris 50pts.	

		Name	Signed
PAIGE CUP.	Middle distance in track and cross country.	Matt Hall	
MIKE JEBB CUP.	Female over 15 performance in inter club competition.	Kati Hulme 300m.hdls 46.7.SYAL 26/4/18. Telford 33rd.	
NICK RYDER CUP.	Male over 15 performance in inter club competition.	Brad Davies-Pughe. LJ 6.13m. Mid league 5/8/18. Kettering. 82nd.	
PETER LECKENBY CUP.	MaleU/15 & Female U/15 Individual performance in inter club competition.	Jack Kinrade 800m 2.24.4. SYAL 28/6/18. Shrews. 105th.	
		Chloe Speake 75m.hdls. 12.1.SYAL 26/4/18. Telford 96th.	
GRANNIES TROPHY.	Female Commitment.	Rebecca Walker	
GREGORY SHIELD.	Boys Commitment.	Reuben Green	
GRANT PENNINGTON.	Male Commitment.	James Hickenbottom.	
McDONALDS SHIELD.	Girls Commitment.	Olivia Clarke	
CHRISTINE EDWARDS SHIELD	400m. Commitment.	xxxxxxxxxx	
MIDLAND LADIES/MENS AWARD.	Points in league.	Emily McBride 82pts & Patrick McBride 121pts.	
TUDOR SHIELD.	(Non-athletic)	Steve Waters	
JUNIOR ATHLETE.	Female U17.	Kati Hulme & Dora Tomlinson	
JUNIOR ATHLETE.	Male U17.	Max Millerchip	
GB REPRESENTATIVE AWARD.	British Transplant Games Birmingham. British Hammer/Weight champ.GB World T&F Malaga.	Andy lewis British champ. Pat Higgins. British champ &GB.	
PAT HIGGINS AWARD		Emily McBride	
EILEEN SANDFORD AWARD	Junior performance at Shrewsbury Track	Lucy Newell. 1500m. 5.09.2. SYAL 19/7/18. Shrews.	
Salop Leisure Awards	Highest ranked male & Female Athletes	Kati Hulme 300hdls 46.00. 29th & Brad Davies-Pughe TJ 13.07m 26th	

	CROSS COUNTRY		
Club Awards based on places scored in SYAL 2017/18 and County Championships.			
		Name	Signed
Under 11 Girls	1st.	Lucy Newell 191	
	2nd.	Beth Trow 190	
	3rd.	Lillie Dean 145	
Under 11 Boys	1st.	Adam Bentham 186	
	2nd.	Finlay Walker 176	
	3rd.	Jack Kinrade 100	
Under 13 Girls	1st.	Iris Appleby-Downes 147	
	2nd.	Georgina Trow 138	
	3rd.	Amelie Owen 116	
Under 13 Boys	1st.	Jack Margerison 135	
	2nd.	Alfie Dean 120	
	3rd.	Adam Edwards 99	
Under 15 Girls. Trophy	1st.	Jess Gunner 190	
	2nd.	Emily Pyle 130	
	3rd.	xxxxxxxxxxxxx	
Under 17 Women. Trophy	1st.	Lydia Carter 140	
	SENIOR CROSS COUNTRY		
Awards based on places scored in North Wales/North Staffs 2017/18 and County Championships.			
Senior Men C/Country.	1st.	Matt Hall	
Veteran Men C/Country.	1st.	Paul Jones	
Senior Women C/Country.	1st.	Sara Willhoit	
Veteran Women C/Country.	1st.	Gill Evans	
U/20 Women C/Country	1st.	xxxxxxxxxxxxx	
	SPORTSHALL 2017/18.		
Under 11 Girls.	1st.	Jasmine Barrett	
	2nd.	Rachel Yewbrey	
	3rd.	xxxxxxxxxxxxx	
Under 11 Boys.	1st.	xxxxxxxxxxxxx	
	2nd.	xxxxxxxxxxxxx	
	3rd.	xxxxxxxxxxxxx	
Under 13 Girls.	1st.	Chloe Speake	
	2nd.	Maddie Aiston	
	3rd.	Maddie Parsons	
Under 15 Girls.	1st.	Isabelle Jagielka	
	2nd.	Sophie Vernon	
	3rd.	xxxxxxxxxxxxx	

Shrewsbury AC Fell Running Championships

Junior Fell/Cross country U/16	xxxxxxxxxxxxxx	
Under 18 Fell	Bethany Pinches	
Under 23 Fell	Connor Middleton	
Open Men Fell	Scott Hall	
Veteran Men Fell.	Andrew Birch V45	
Veteran Men Fell.	Kevin Francis V50	
Veteran Men Fell.	Haydn Jones V55	
Veteran Men Fell.	Gordan Trevor V65	
Open Women Fell.	Gill Evans	
Veteran Women Fell.	Gill Evans	

Shrewsbury AC Road Championships

Male Champion Sheild & Plaque	Paul Jones	
2nd	Kevin Francis	
3rd	Richard McKenna	
Female Champion Sheild & Plaque	Sara Willhoit	
2nd	Lauren Morley	
3rd	Jenna Middleton	
Category Awards		
SAC 5km. Male. 1st.	Matt Hall	
SAC 5km. Male. (AG)1st.		
SAC 5km. Female. 1st.	Sara Willhoit	
SAC 5km. Female (AG). 1st.		
SAC 10km. Male. 1st.	Matt Hall	
SAC 10km. Male. (AG)1st.		
SAC 10km. Female. 1st.	Sara Willhoit	
SAC 10km. Female (AG). 1st.		
SAC Half Marathon Male Champion.	Paul Jones	
SAC Half Marathon (AG) Champion.		
SAC Half Marathon Female Champion.	Sara Willhoit	
SAC Half Marathon Female (AG) Champion.		