

Mad Jack's 5 Race Results - 7th November 2015

Poss	In Cat	NAME	CLUB	Cat	TIME	%Leader
1	1	Robin Sedman-Smith	Newport & District RC	SM	0:30:30	104%
2	2	Gabe Morris	Shrewsbury AC	SM	0:30:31	104%
3	3	Neil O'Hanlon	unattached	SM	0:30:58	103%
4	4	Simon Adney	Mercia Fell Runners	SM	0:31:27	101%
5	5	James Dowdall	Mercia Fell Runners	SM	0:32:20	98%
6	6	Richard Price	Shropshire Shufflers	SM	0:32:23	98%
7	7	Simon Romei	Telford AC	SM	0:32:24	98%
8	1	Andrew Birch	unattached	M45	0:32:27	98%
9	1	Thomas Garbett	Unattached	MU23	0:32:34	98%
10	8	Matt Guirder	Shrewsbury AC	SM	0:32:50	97%
11	9	Matthew Parker	Derwent Runners	SM	0:32:51	97%
12	1	Tom Foster	Mercia Fell Runners	M40	0:32:59	97%
13	2	Dean Blythe	Telford Harriers	M40	0:33:06	96%
14	1	Kim Fawke	Lawley Running Club	L40	0:33:15	96%
15	10	Dean Gapper	Telford Harriers	SM	0:33:21	95%
16	3	Ed Morris	Shropshire Shufflers	M40	0:33:24	95%
17	4	Tim Tansley	Oswestry Olympians	M40	0:33:29	95%
18	11	Grant Lloyd	Shrewsbury AC	SM	0:33:32	95%
19	12	James Watt	Derwent Runners	SM	0:33:34	95%
20	2	Kevin Francis	Shrewsbury AC	M45	0:33:39	95%
21	13	Matthew Thomas	Unattached	SM	0:33:45	94%
22	14	Richard Evans	Unattached	SM	0:33:46	94%
23	15	Jonathan Bourne	unattached	SM	0:33:49	94%
24	16	Tom O'Boyle	Newport & District RC	SM	0:33:50	94%
25	17	Steve Waters	Shrewsbury AC	SM	0:33:54	94%
26	1	Keith Silvester	Unattached	M55	0:33:55	94%
27	1	Richard Jones	Shrewsbury AC	M50	0:34:01	94%
28	3	Mark Agnew	Mercia Fell Runners	M45	0:34:07	93%
29	18	Adam Owen	Unattached	SM	0:34:26	92%
30	5	Alan Dean	Shrewsbury AC	M40	0:34:32	92%
31	2	Victor Belshaw	Denbigh Harriers	M55	0:34:34	92%
32	19	Thomas Rayment	Unattached	SM	0:34:44	92%
33	20	Matthew Walley	Shropshire Shufflers	SM	0:34:45	92%
34	2	Haydn Jones	Shrewsbury AC	M50	0:34:45	92%
35	3	Martin Wynn	Unattached	M50	0:34:57	91%
36	21	Lee Riding	Unattached	SM	0:35:01	91%
37	4	Ian Pincher	Wolverhampton & Bilston	M45	0:35:09	91%
38	6	Matthew Cartwright	Derwent Runners	M40	0:35:13	90%
39	3	David Baugh	Denbigh Harriers	M55	0:35:20	90%

40	1	Rachael Brown	Staffs Moorlands AC	SL	0:35:22	90%
41	2	Dan Elliot	SYTRI	MU23	0:35:23	90%
42	3	Greg Wright	Unattached	MU23	0:35:27	90%
43	7	Gary Cartwright	Unattached	M40	0:35:30	90%
44	2	Sara Willholt	unattached	SL	0:35:33	90%
45	22	Peter Hughes	unattached	SM	0:35:35	89%
46	23	Martin Rouse	Unattached	SM	0:35:54	89%
47	8	Darren Owen-Jones	Wrekin Road Runners	M40	0:36:02	88%
48	4	Ian Maxwell	Telford Harriers	M50	0:36:10	88%
49	5	Calvin Wright	Shropshire Shufflers	M45	0:36:18	88%
50	24	James Adney	Mercia Fell Runners	SM	0:36:23	88%
51	25	Oliver Rowe	unattached	SM	0:36:25	87%
52	1	Anna Bartlett	Shrewsbury AC	L45	0:36:28	87%
53	9	Alan Richardson	Unattached	M40	0:36:30	87%
54	5	Simon Field	Derwent Runners	M50	0:36:42	87%
55	6	Richard Foggin	Oswestry Olympians	M50	0:36:45	87%
56	26	Alex Randles	Lawley Running Club	SM	0:36:50	86%
57	4	Connor Middleton	Unattached	MU23	0:36:52	86%
58	27	Chris Doran	Unattached	SM	0:36:53	86%
59	10	Rob Turner	Derwent Runners	M40	0:36:57	86%
60	6	Bruce Blackman	unattached	M45	0:37:09	86%
61	28	Simon Neeves	SYTRI	SM	0:37:14	86%
62	29	Rony Hickford	Unattached	SM	0:37:20	85%
63	7	Mark Dean	Wrekin Road Runners	M50	0:37:25	85%
64	30	Darrell Walsh	Oswestry Olympians	SM	0:37:25	85%
65	31	Phil Perry	Unattached	SM	0:37:38	85%
66	7	Paul Hatton	Unattached	M45	0:37:40	85%
67	4	Duncan Jones	Denbigh Harriers	M55	0:37:41	84%
68	11	D Morgan	unattached	M40	0:37:46	84%
69	32	Philip Jones	Shropshire Shufflers	SM	0:37:49	84%
70	1	Leslie Ritchie	Unattached	M60	0:37:52	84%
71	12	Colin Perry	Unattached	M40	0:37:53	84%
72	8	Tony Benton	Denbigh Harriers	M50	0:37:55	84%
73	9	Steve Willacy	Unattached	M50	0:38:02	84%
74	33	Stephen Davis	unattached	SM	0:38:09	83%
75	2	Peter Johnson	Mercia Fell Runners	M60	0:38:11	83%
76	3	Helen Stokes	unattached	SL	0:38:12	83%
77	1	Tracey Williams	Denbigh Harriers	L50	0:38:20	83%
78	8	Simon Lewis	Unattached	M45	0:38:28	83%
79	4	Christine Symms	Wrekin Road Runners	SL	0:38:31	83%
80	13	Stuart Edwards	Unattached	M40	0:38:36	82%
81	5	Graham Evans	Shropshire Shufflers	M55	0:38:47	82%
82	6	Martin Clemmey	Unattached	M55	0:38:51	82%

83	34	Michael Thomas	unattached	SM	0:38:56	82%
84	14	Ciaron Morgan	Unattached	M40	0:38:59	82%
85	35	Mike Doyle	Unattached	SM	0:39:02	82%
86	7	Steve Bajic	Telford Harriers	M55	0:39:04	82%
87	15	Tony Hare	Unattached	M40	0:39:09	81%
88	10	Nigel Trickett	Unattached	M50	0:39:11	81%
89	3	Pete Butler	Shrewsbury AC	M60	0:39:12	81%
90	5	Jacqueline Macey	Shrewsbury AC	SL	0:39:13	81%
91	2	Victoria Whitehead	Denbigh Harriers	L40	0:39:13	81%
92	9	Frank Atherton	Unattached	M45	0:39:24	81%
93	36	Sam Good	Rybrook BMW	SM	0:39:37	80%
94	6	Leonie Keeling	Unattached	SL	0:39:37	80%
95	1	Libby Collinson	Shropshire Shufflers	L60	0:39:39	80%
96	37	Kevin Geary	Rybrook BMW	SM	0:39:46	80%
97	8	Chris Wakeman	Shrewsbury AC	M55	0:39:53	80%
98	38	Fraser Lamont	Trismart	SM	0:40:13	79%
99	16	Simon Lewis	Unattached	M40	0:40:15	79%
100	39	Tom Mollekin	Unattached	SM	0:40:23	79%
101	10	Roger Smith	Whitchurch Whippets	M45	0:40:24	79%
102	7	Joanne Dean	Unattached	SL	0:40:26	79%
103	40	Andrew Gilbert	Unattached	SM	0:40:29	79%
104	17	Malcolm Higginson	Unattached	M40	0:40:31	79%
105	8	Yvonne Peake	Derwent Runners	SL	0:40:33	79%
106	4	Chris Baldwin	Denbigh Harriers	M60	0:40:33	79%
107	11	Matthew Powell	Unattached	M50	0:40:34	78%
108	41	James Cameron	Unattached	SM	0:40:41	78%
109	12	Chris Humphreys	Unattached	M50	0:40:42	78%
110	2	Amelia Hodson	Unattached	L45	0:40:43	78%
111	42	Matthew Lee	Newport & District RC	SM	0:40:46	78%
112	18	John Anderson	Lawley Running Club	M40	0:40:48	78%
113	9	Paul Baskeyfield	Ludlow Runners	M55	0:40:51	78%
114	19	Julian Smout	Unattached	M40	0:40:52	78%
115	9	Victoria Doran	Telford Harriers	SL	0:40:53	78%
116	20	David Meyer	Unattached	M40	0:41:05	78%
117	3	Alison Preece	Telford AC	L40	0:41:09	77%
118	10	Mark Evans	Unattached	M55	0:41:14	77%
119	2	Gill Evans	Shrewsbury AC	L50	0:41:19	77%
120	43	Richard Howells	unattached	SM	0:41:21	77%
121	21	Darren Salvoni	Shropshire Shufflers	M40	0:41:23	77%
122	44	Tom Hunt	Unattached	SM	0:41:28	77%
123	22	Stuart Houghton	Unattached	M40	0:41:31	77%
124	11	Simon Taylor	Shropshire Shufflers	M45	0:41:32	77%
125	12	Kevin Brierley	Lawley Running Club	M45	0:41:38	76%

126	13	John Garrett	unattached	M45	0:41:42	76%
127	3	Ellen Ashton	Oswestry Olympians	L45	0:41:49	76%
128	45	Ben Hocking	Lawley Running Club	SM	0:41:56	76%
129	46	Geraint Davies	Unattached	SM	0:41:57	76%
130	47	Sam Jones	Unattached	SM	0:42:01	76%
131	48	Richard Anthony	Unattached	SM	0:42:06	76%
132	13	Kai Coleman	Unattached	M50	0:42:09	76%
133	11	Simon Rex	Telford Harriers	M55	0:42:10	76%
134	49	Simon Monk	unattached	SM	0:42:11	75%
135	3	Julie Dean	Unattached	L50	0:42:12	75%
136	14	Mark Beasley	Lawley Running Club	M45	0:42:15	75%
137	4	Sara Rex	Telford Harriers	L50	0:42:19	75%
138	23	Neil Woodhouse	Unattached	M40	0:42:23	75%
139	24	Lee Jones	Unattached	M40	0:42:23	75%
140	4	Jane Rollo	Unattached	L45	0:42:24	75%
141	50	Adam Bushell	Evesham Vale Running Club	SM	0:42:25	75%
142	51	William Laye	Mercia Fell Runners	SM	0:42:26	75%
143	52	Jason Howes	unattached	SM	0:42:26	75%
144	53	Neil Hughes	Unattached	SM	0:42:27	75%
145	10	Kim Burton	Unattached	SL	0:42:35	75%
146	15	Nigel Beckett	Unattached	M45	0:42:37	75%
147	5	Nathen Wilkinson	Unattached	MU23	0:42:39	75%
148	54	Lucas Riley	Unattached	SM	0:42:44	75%
149	55	Nick Hill	Unattached	SM	0:42:59	74%
150	16	Chris Westwood	Telford Harriers	M45	0:43:05	74%
151	56	William Marshall	Unattached	SM	0:43:10	74%
152	57	Oliver Stokes	Newport & District RC	SM	0:43:15	74%
153	58	Michael Anthony	Unattached	SM	0:43:16	74%
154	4	Jude Grainger	Mercia Fell Runners	L40	0:43:17	74%
155	17	Duncan Merewith	Whitchurch Whippets	M45	0:43:19	74%
156	1	Iain Day	Unattached	M70	0:43:20	73%
157	11	Katy Baugh	Denbigh Harriers	SL	0:43:23	73%
158	12	Joy Margerum	Vegan Runners UK	SL	0:43:25	73%
159	5	Christopher Huss	Shropshire Shufflers	M60	0:43:33	73%
160	13	Kirsten Howes	Unattached	SL	0:43:57	72%
161	6	Tom Holland	Unattached	MU23	0:43:59	72%
162	18	Paul Maiden	Unattached	M45	0:44:00	72%
163	5	Juliet Orme	Unattached	L40	0:44:05	72%
164	19	Scott Reay	Market Drayton RC	M45	0:44:10	72%
165	14	Amy Aldridge	unattached	SL	0:44:12	72%
166	59	Michael Hawksby	Unattached	SM	0:44:18	72%
167	6	Alison Perrins	Unattached	L40	0:44:24	72%
168	1	Stan Morris	Unattached	MU18	0:44:26	72%

169	2	Harry Blent	Unattached	MU18 0:44:30 72%
170	5	Kim Bennett	Wrekin Road Runners	L50 0:44:34 71%
171	25	Andrew Watkin	Badger Racing	M40 0:44:35 71%
172	26	Keith Helliwell	Unattached	M40 0:44:36 71%
173	60	Alex Williams	Unattached	SM 0:44:36 71%
174	20	Matt Woodward	Unattached	M45 0:44:37 71%
175	27	Jason Bald	Unattached	M40 0:44:38 71%
176	61	Robert Wheeler	Unattached	SM 0:44:46 71%
177	12	Robin Elliot	Bushfield Joggers	M55 0:44:50 71%
178	7	Clare Williams	Shropshire Shufflers	L40 0:44:52 71%
179	21	Jon Whitehead	Denbigh Harriers	M45 0:44:59 71%
180	28	Andrew Wilson	unattached	M40 0:45:11 70%
181	15	Lisa Hartshorne	Shropshire Shufflers	SL 0:45:23 70%
182	8	Claire Steele	Derwent Runners	L40 0:45:28 70%
183	1	Sarah Greaves	Oswestry Olympians	L55 0:45:52 69%
184	9	Carrie Anne Wood	unattached	L40 0:45:59 69%
185	62	Ronan Franklin	Unattached	SM 0:46:11 69%
186	29	James Rainbow	Whitchurch Whippets	M40 0:46:13 69%
187	5	Sarah Hall	Unattached	L45 0:46:22 69%
188	16	Nicola Atkins	Telford Harriers	SL 0:46:23 69%
189	10	Kirsty Wilkie	Unattached	L40 0:46:24 69%
190	17	Hannah Crossley	Ludlow Runners	SL 0:46:31 68%
191	6	Pamela Hardy	Whitchurch Whippets	L50 0:46:38 68%
192	6	Pete Oliver	Unattached	M60 0:46:38 68%
193	2	Sheila Dwerryhouse	Fountain Fun Runners	L55 0:46:40 68%
194	6	Jane Yardley	Unattached	L45 0:46:43 68%
195	11	Cheryl Hare	Unattached	L40 0:46:48 68%
196	12	Maria Spurling	Shropshire Shufflers	L40 0:46:54 68%
197	18	Helen Wheeler	unattached	SL 0:46:54 68%
198	13	Anwen Brown	Denbigh Harriers	L40 0:46:55 68%
199	63	Robert Lampitt	unattached	SM 0:46:55 68%
200	14	John Warburton	Unattached	M50 0:47:05 68%
201	15	Lee Field	Unattached	M50 0:47:14 67%
202	14	Bonnie Hammonds	Shropshire Shufflers	L40 0:47:19 67%
203	22	Timothy Munro	Unattached	M45 0:47:34 67%
204	19	Jo-Anne Rouse	Unattached	SL 0:47:37 67%
205	23	Paul Ducommun	unattached	M45 0:47:38 67%
206	3	Menai Baugh	Denbigh Harriers	L55 0:47:50 67%
207	13	Andy Lomas	Unattached	M55 0:47:54 66%
208	7	Steve Hine	Unattached	M60 0:47:56 66%
209	15	Lori Orme	Unattached	L40 0:47:57 66%
210	7	Joanna Clarke	Unattached	L45 0:48:02 66%
211	8	Alison Dunn	Unattached	L45 0:48:17 66%

212	24	Richard Preston	Unattached	M45	0:48:26	66%
213	25	Nicholas Williams	Unattached	M45	0:48:32	66%
214	16	Louise Bibbings	unattached	L40	0:48:38	65%
215	20	Sarah Richardson	Unattached	SL	0:48:39	65%
216	21	Sarah Clues	Unattached	SL	0:48:45	65%
217	9	Tina Peck	Unattached	L45	0:48:46	65%
218	7	Nicki Elliot	Unattached	L50	0:48:53	65%
219	17	Tara Skillicorn	Unattached	L40	0:48:54	65%
220	16	Gary Holloway	Unattached	M50	0:48:56	65%
221	1	Edward Christie	Unattached	M65	0:49:06	65%
222	22	Emma Lyle	Wrekin Road Runners	SL	0:49:17	65%
223	10	Julie Hartland	Wrekin Road Runners	L45	0:49:27	64%
224	11	Angela Boycott	Lawley Running Club	L45	0:49:29	64%
225	8	Christopher Scott	Unattached	M60	0:49:31	64%
226	23	Caitriona Leach	Unattached	SL	0:49:33	64%
227	64	Shaun Lyle	Unattached	SM	0:49:34	64%
228	65	Sam Gaskell	Unattached	SM	0:49:35	64%
229	4	Ceri Christie	Unattached	L55	0:49:41	64%
230	18	Joanne Davis	Unattached	L40	0:49:48	64%
231	19	Ann Thomas	Unattached	L40	0:49:49	64%
232	24	Vicki Stelfox	Unattached	SL	0:49:52	64%
233	66	Peter Quayle	Unattached	SM	0:49:53	64%
234	25	Susan Harris	Derwent Runners	SL	0:50:11	63%
235	17	Raymond Leah	Unattached	M50	0:50:12	63%
236	26	Emma Barnett	Unattached	SL	0:50:15	63%
237	30	Darren Hall	Shropshire Shufflers	M40	0:50:17	63%
238	2	Sue Johnson	Mercia Fell Runners	L60	0:50:29	63%
239	26	Simon Adcock	Unattached	M45	0:50:37	63%
240	27	Matt Armitage	Unattached	M45	0:50:56	63%
241	12	Helen Hale	Unattached	L45	0:51:01	62%
242	20	Sandra Towers	Unattached	L40	0:51:06	62%
243	21	Marie Lewis	Unattached	L40	0:51:14	62%
244	22	Angela Paddock	Unattached	L40	0:51:18	62%
245	27	Naomi Pritchard	Unattached	SL	0:51:21	62%
246	28	Francesca Hutcheson	Shropshire Shufflers	SL	0:51:28	62%
247	13	Linda Viner	Whitchurch Whippets	L45	0:51:34	62%
248	14	Lesley Spencer	Unattached	L45	0:51:44	62%
249	8	Libby Cockill	unattached	L50	0:51:54	61%
250	9	Shelly Beckett	unattached	L50	0:51:56	61%
251	14	David Webb	Unattached	M55	0:52:02	61%
252	29	Kate Jones	unattached	SL	0:52:03	61%
253	30	Sonya Ginry	unattached	SL	0:52:03	61%
254	31	Suzanne Johnston	Unattached	SL	0:52:04	61%

255	10	Nicky Fuller	Unattached	L50	0:52:05	61%
256	32	Katy Rink	Unattached	SL	0:52:07	61%
257	33	Fiona Jutsum	unattached	SL	0:52:07	61%
258	1	Megan Owen-Jones	Wrekin Road Runners	LU18	0:52:08	61%
259	34	Louise Smith	Shropshire Shufflers	SL	0:52:08	61%
260	35	Amy Doyle	Shropshire Shufflers	SL	0:52:09	61%
261	36	Fiona Wright	Unattached	SL	0:52:23	61%
262	3	Stephen Elliot	Unattached	MU18	0:52:45	60%
263	23	Ros Bridges	Unattached	L40	0:52:46	60%
264	24	Margaret Connarty	Shropshire Shufflers	L40	0:52:48	60%
265	11	Lizzie Masters	unattached	L50	0:52:57	60%
266	12	Julie Edwards	Unattached	L50	0:53:08	60%
267	5	Ali Dolphin	Whitchurch Whippets	L55	0:53:08	60%
268	25	Sharon Ruff	Unattached	L40	0:53:21	60%
269	37	Leanne Garvey	Sy Tri	SL	0:53:37	59%
270	31	Chris Garvey	Sy Tri	M40	0:53:37	59%
271	9	John Stokes	Newport & District RC	M60	0:53:43	59%
272	38	Nichola Green	Unattached	SL	0:53:45	59%
273	15	Kevin Hayward	Unattached	M55	0:53:47	59%
274	18	Anthony Moore	Unattached	M50	0:54:06	59%
275	15	Anna Hughes	Unattached	L45	0:54:10	59%
276	16	Samantha Churms	Unattached	L45	0:54:29	58%
277	17	Sarah Davys Jones	Unattached	L45	0:54:39	58%
278	13	Rachel Pritchard	Unattached	L50	0:54:39	58%
279	18	Mandy Baxter	Shropshire Shufflers	L45	0:55:19	58%
280	14	Lindy Bailey	Unattached	L50	0:55:19	58%
281	39	Emma Walkford	Unattached	SL	0:55:25	57%
282	40	Natilie Walkford	Unattached	SL	0:55:26	57%
283	41	Clare Harrison	Lawley Running Club	SL	0:55:31	57%
284	42	Rebecca Beavan	Unattached	SL	0:55:36	57%
285	43	Kate Parsons	unattached	SL	0:55:57	57%
286	1	Meggy Edwards	Unattached	LU23	0:56:00	57%
287	44	Becky Pritchard	Unattached	SL	0:56:00	57%
288	19	Jan Gaskell	Unattached	L45	0:56:02	57%
289	28	William Rollo	Unattached	M45	0:56:04	57%
290	29	Richard Williams	Unattached	M45	0:56:04	57%
291	26	Wendy Coleman	Unattached	L40	0:56:27	56%
292	2	Mike Ricketts	Telford Harriers	M65	0:56:28	56%
293	45	Alice Walton	Oswestry Olympians	SL	0:56:30	56%
294	27	Joanna Jones	unattached	L40	0:56:30	56%
295	28	Deborah Dury	Unattached	L40	0:56:45	56%
296	20	Joanne Lewis	unattached	L45	0:57:00	56%
297	19	Alan Hotchkiss	Unattached	M50	0:57:01	56%

298	21	Helen Hope	Unattached	L45	0:57:03	56%
299	16	Glenn Francke	unattached	M55	0:57:19	56%
300	46	Sally Hanmer	Unattached	SL	0:57:34	55%
301	47	Sian Bowdler	Unattached	SL	0:57:37	55%
302	48	Ceri Rowlands	Unattached	SL	0:57:37	55%
303	20	Mark Miller	Unattached	M50	0:57:41	55%
304	22	Janine Felton	Lawley Running Club	L45	0:57:43	55%
305	29	Katie Thomas	Lawley Running Club	L40	0:57:44	55%
306	67	Michael Thompson	Unattached	SM	0:57:45	55%
307	15	Norma Jones	Newport & District RC	L50	0:57:47	55%
308	49	Mandy Sznber	unattached	SL	0:57:50	55%
309	23	Cindy Parry	Rybrook BMW	L45	0:57:55	55%
310	16	Hazel Ritchie	Unattached	L50	0:58:06	55%
311	30	Andrew Fennell	Lawley Running Club	M45	0:58:53	54%
312	50	Ruth Roberts	Unattached	SL	0:59:48	53%
313	51	Kathy Jenkins	Unattached	SL	1:00:11	53%
314	2	Anthony Riley	Unattached	M70	1:00:23	53%
315	52	Lorraine Downward	Unattached	SL	1:00:33	53%
316	17	Carolyn Storey	unattached	L50	1:01:01	52%
317	30	Mandy Swift	Potters Trotters	L40	1:01:20	52%
318	53	Charlotte Smith	Potters Trotters	SL	1:01:21	52%
319	6	Liz Stevenson	Potters Trotters	L55	1:01:21	52%
320	24	Bobbie Hickman	Potters Trotters	L45	1:01:22	52%
321	68	Gareth Thomas	unattached	SM	1:01:30	52%
322	54	Erika Stelfox	Unattached	SL	1:01:42	52%
323	3	Anne Byrne	Shrewsbury AC	L60	1:01:59	51%
324	18	Trina Hotchkiss	Unattached	L50	1:02:01	51%
325	31	Nicola Cooke	Shropshire Shufflers	L40	1:02:21	51%
326	55	Harriet Hunt	Unattached	SL	1:02:23	51%
327	32	Sarah Bone	Unattached	L40	1:02:46	51%
328	7	Joanna Sharp	Ludlow Runners	L55	1:04:26	49%
329	25	Jeanette Martin	Newport & District RC	L45	1:04:33	49%
330	26	Katherine Miller	Unattached	L45	1:04:34	49%
331	3	Gordon Trevor	Shrewsbury AC	M65	1:04:44	49%
332	56	Emma Dempster	Lawley Running Club	SL	1:04:49	49%
333	57	Judy Urwin	Lawley Running Club	SL	1:04:50	49%
334	58	Nicola Wright	Lawley Running Club	SL	1:04:50	49%
335	19	Deborah Hale	Lawley Running Club	L50	1:05:04	49%
336	31	Nicky Brierley	Lawley Running Club	M45	1:05:04	49%
337	27	Sam Slater	Unattached	L45	1:05:09	49%
338	20	Alison Harper	Telford Harriers	L50	1:05:25	49%
339	21	Pete Jenkins	Shropshire Shufflers	M50	1:07:26	47%
340	21	Viv Barnett	Unattached	L50	1:08:47	46%

341	28	Diane Davenport	Unattached	L45	1:08:47	46%
342	22	Mandy Mullett	Maldwyn Harriers	L50	1:10:06	45%
343	29	Dawn Holloway	Unattached	L45	1:10:06	45%
344	1	Kathy Ling	Wrekin Road Runners	L65	1:18:52	40%